Set Your Goals High Enough To Inspire You And Low Enough To Encourage You. ~ Author Unknown

Erie St. Clair Regional Cancer Program Seeks Members for Community Advisory Committee

The Erie St. Clair Regional Cancer Program is recruiting members to join our Community Advisory Committee. If you have experienced cancer as a patient, family member or caregiver within the past three years, your input will assist us in making lasting impact improvements for cancer patients and their caregivers across the Erie St. Clair Region, in the areas of prevention, screening, diagnosis, treatment, survivorship and palliative care. Committee membership will be comprised of 10-12 positions and include representation from Chatham-Kent, Sarnia/Lambton and Windsor/Essex. This is a volunteer position; travel costs will be covered, and refreshments provided. For more information and to apply: Contact Cathy Mombourquette, Communications Coordinator, Erie St. Clair Regional Cancer Program at 519-253-3191 ext. 58774 or cathy_mombourquette@wrh.on.ca.

Nursing Excellence Awards

Nominations will be accepted for the **2011 Nursing Excellence Awards** until March 25th, 2011. Nomination forms are available in the Met and Western Campus (Malden Park) Lobbies or on the WRH Intranet. For more information, contact the 2011 Nurses Week Chairperson, Rita Taillefer ext. 52537 or rita_taillefer@wrh.on.ca.

Global Mitra Award

In honour of Nurses Week, the Diversity Committee is sponsoring the Global Mitra Award that will be presented at the Nursing Excellence Awards Banquet. The Mitra Award is intended to recognize a nurse who has contributed to the expression of diversity at Windsor Regional Hospital. For more information contact Melissa Simas ext. 72302.

Path to a Better Heart

The annual fundraising race, "The Path To A Better Heart", will be held Friday, May 6th, 2011 at the Collavino Hall (WFCU Centre). Race-day registration will begin at 4:45 pm followed by 5:30 pm - FUN WALK, 6:45,pm - KIDS' DASH, 6:50,pm - KIDS' 1 KM and 7:00 pm - 5K RUN. All pre-registrants will be guaranteed a limited edition adrenaline T-shirt (shirts are NOT guaranteed for race-day registrants). For more information or to register, please contact the Cardiac Wellness Centre: 519-254-5577, ext. 72556.

Did vou know?

The Western Redevelopment Project continues:

Currently renovations to over 35,000 square feet of space is taking place in the Tower Building, which will house rehabilitation services in the future.

The Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.