

**Celebrate what you want to see more of.** ~ Thomas J. Peters

# **Tommy Europe comes to WRH Met Campus**

Tommy Europe, the no-nonsense fitness drill sergeant and host of the popular TV workout shows will visit Windsor Regional Hospital to give a keynote speech and present a SHRED Boot Camp workout for staff who have preregistered. A Meet & Greet/Book signing takes place at 11:00 a.m. in the Vendor Hallway. The speech takes place at 11:30 a.m. and the SHRED Boot Camp takes place from Noon to 1 p.m. In the Auditorium. Everyone is invited to watch and listen.

### Help Desk Hours—Met and Western Campuses

Volunteer Services are pleased to announce an expansion of Help Desk services at both the Met and Western Campuses. The Met Help Desk is extending its hours to include Saturday's from 8 a.m. to 4 p.m. The phone number to access the Help Desk at Met is 519-995-0254. A new Help Desk is being launched at Malden Park beginning on Monday, April 18th from 10 a.m. to 3 p.m. The phone number to access the Help Desk at Malden Park is 519–995-0362. The Help Desk in the Tower at Western will continue to operate Monday's thru Friday's from 9 a.m. to 4p.m.

#### **Elections Canada—Enumeration**

Representatives from Elections Canada need to enumerate all current inpatients at the Met Campus and Western Campus. For Met Campus, enumeration will occur on Friday, April 15, 2011 beginning at 8:30 a.m. Enumerators will visit all floors and units, first checking in with Unit Clerks in order to gown properly to meet all infection control requirements prior to entering any room and speaking with each patient. For Western Campus, enumeration will occur on Saturday, April 16, 2011 beginning at 9:00 a.m. The Federal Election is on May 2, 2011. For more information, call Ron Foster at ext. 52003.

### A Slice of Surgery

Windsor Regional Hospital presents "A Slice of Surgery" on Friday, May 6th, 2011 at the Caboto Club. The Cost is \$35 for WRH staff. The conference will feature a number of speakers on a wide variety of subjects including Necrotizing Fasciitis, Bariatric Surgery, Ears, Nose and Throat 101, Sleep Apnea and Surgical Risks. For more information, contact Jennifer Schaus at ext. 52316.

## **Last Call for Daisy Awards**

Daisy Award applications will be accepted until April 25th. Applications are available at both campuses and via www.wrh.on.ca. For more information, contact Karen Riddell at ext. 52341.

Did you know?

We have between 2 and 10 million bacteria between our fingertips and elbows and millions of germs hide under watches and bracelets and rings.

Thorough hand washing is the most effective way to help stop the spread of germs.

The Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital.

Submissions can be made to gisele\_sullens@wrh.on.ca or by calling ext. 52008.