



WINDSOR
REGIONAL
HOSPITAL

OUTSTANDING CARE – NO EXCEPTIONS!

Tribune



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Some of us think holding on makes us strong; but sometimes it is letting go. **Herman Hesse**

Protect Yourself - Protect our Patients - Get your Flu Shot!!!

Windsor Regional Hospital Staff (Physicians, Employees and Volunteers) are encouraged to get their flu shots. Clinics will be held at both campuses thru October 26th, 2012. Please check posted schedules or contact Karen Watson at ext. 52802 for more information.

Windsor Cancer Research

The Windsor Cancer Research Group (WCRG) invites you to their First Annual Research Conference at Caesar's Windsor on Friday, November 16 and Saturday, November 17, 2012. The WCRG is an assembly of academic and clinical researchers and local community members whose mission is to build upon the diversity and location of the Windsor Essex Region to establish an international hub of cancer research excellence that will deliver world class cancer care at home. Their motto is "Bridging Research & Hope". For more information call Conference Chair, Ramsi Haddad at 253-3000 ext. 2655 or ramsi@uwindsor.ca.

Get 'Some Ahhhh in your Life'

The John McGivney Centre is pleased to present a health and wellness day at the Hilton. Tickets are \$65. The day includes workshops, vendors and speakers. Lunch is included. For more information call 519-967-8592 or visit <http://someahh.eventbrite.com>.

Reminder: Quality of Work Life Survey

You are invited to participate in the 2012 Quality of Life Survey. **Your feedback helps us make improvements** in various aspects of your work life including policy or process changes and program enhancements. Please complete the survey by **October 26th** through your E-Learn account or visit Human Resources for a hard copy for you to complete for a chance to win an IPAD. Call ext. 72302 or 52330 for more information.

WRH Family Campaign Celebrates its 5th Year!

The 5th annual WRH Family Giving Campaign officially runs this year from October 29 through until December 7. However, if you complete your online pledge form between Monday, October 15 and Friday, October 19 you are eligible for the **Early Bird prize of 2 VIP tickets to Madonna's concert in Detroit** on November 8. By participating in the Early Bird Campaign you are still eligible for all the weekly prizes throughout the rest of the campaign. Over the last 4 years staff and volunteers have donated \$400,000 to WRH programs and services. Visit www.wrh.on.ca/familycampaign to complete your pledge card today. Contact Kim at x52458 for more information.

Cirque de Noel

Windsor Regional Hospital's annual **Holiday Party** will be held on Friday, December 7th, 2012 and the Children's party will be held on Sunday, December 2, 2012. For more information contact ext. 52330.

Did you know?

The single best way to protect against the flu is to get vaccinated each year.

Ontario is one of very few places in the world that offers free seasonal flu immunization to its residents.

The Tribune is a Publication of the Public Affairs Department of Windsor Regional Hospital.

Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.