

December 16, 2012 | VOLOME VI | EDITION 43 WWW.WIT.OII.Ca

#### I will honour Christmas in my heart and try to keep it all year long.~ Charles Dickens

# Wednesday, December 19th is Ugly Christmas Sweater Day

Join President and CEO, David Musyj in wearing your tackiest Christmas Sweater to work on Wednesday, December 19th. Pay a toonie and support the We Care for Kids Family Learning Place at the Tayfour Campus. Prizes will be awarded for the best (or worst) sweaters. Photos may be sent to publicaffair@wrh.on.ca.

### **WRH Cares**

Congratulations to all WRH staff who have participated in many charitable endeavours over this holiday period. Hundreds of cans were collected and distributed to 42 food banks in our region. Also many departments and units participated in community programs for those in need. Congratulations to all!!!

### Triple "P" (Positive Parenting Program) Windsor – Essex

Parents have one thing in common – they all want their children to grow up being caring, responsible and healthy adults. However getting there can be challenging! These courses are for any parent who would like positive, clear and simple strategies to solve current parenting issues and prevent others before they happen. Because these tips work, they can make parenting less stressful and your family life more enjoyable. Triple P Windsor – Essex is a partnership of children and youth agencies working together to offer local families free quality parenting programs.

Register by calling (519)257-5215 ext. 74033, or visit <u>www.triplepwindsor-essex.ca</u> to view dates and times of classes.

# Last minute Christmas shopping and help W.E. Care for Kids

"The Men's Store" at 480 Pelissier, Windsor are donating 5% of fourth quarter sales to the rebuild of the Family Learning Place (FLP) at Windsor Regional Hospital. The FLP is a residential facility for children's mental health. **Mention that you are WRH staff and receive 10% off your purchase until December 24th.** Also, enjoy post boxing day sales that will also support the FLP. Open: Tuesday - Saturday

#### **Employee Assistance**

A reminder that all staff do have access to an employee assistance program (EAP). EAP offers confidential, professional assistance on a wide variety of personal and work-related issues. For information and assistance from your EAP call: Family Services Windsor-Essex EAP Local Office – 519-966-5010 or After Hours - **1.800.668.9920.** 

#### Did you know?

The Tribune will return on January 8th, 2013. Happy Holidays to all! The Tribune is a Publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele\_sullens@wrh.on.ca or by calling ext. 52008.