

Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing. \sim **Abraham Lincoln**

New EAP Provider for WRH Employees

For many years Windsor Regional Hospital has provided confidential Employee Assistance Program (EAP) services to all employees and their families at no cost to the employees. Effective February 15th, 2012, we will join with others in the Erie St. Clair LHIN with the announcement of our new EAP provider—FSEAP Erie St. Clair. The new program is made up of Family Service Kent, Family Counselling Centre of Sarnia and Family Service Windsor-Essex County. The services provided to our employees will be of the same nature as previously provided by FGI Shepell with the additional advantage that FSEAP provides the option of a number of "walk in clinics" in a number of communities within Windsor/Essex County for employees who would rather have "in person" counselling services. For more information contact Human Resources at ext. 52330.

WRH Gears Up for Hats On for Healthcare

Join WRH at the Windsor Spitfire game (against rival London Knights) on Thursday, February 9, 2012 for a special HATS on event. Fans will be sporting hats as a lead up to *Hats On for Healthcare* on Wednesday, February 15th, 2012. Community, organizations and businesses are invited to pay a toonie to wear a hat to work and support the WRH Foundation on that day. Check the WRH Intranet for a listing of activities taking place on February 15th. Call ext. 52656 for more information.

Body X Boot Camp

Anyone interested is invited to participate in boot camp training with the Mount Kilimanjaro climbers on Wednesday's at 7 p.m. at Body X Boot Camp (6000 Rhodes Drive.) The Mount Kili climbers have pledged \$50,000 in support of the *Cornerstone of Caring* Campaign. They are directing funds towards the Regional Rehabilitation Program. The fee to participate is \$10 and will go towards supporting their pledge. For more information contact Alison at 519-478-0371, or www.bodyx.ca.

Wi-Fi Now Available at the Tayfour Campus

Wi-Fi is now available for patients and visitors at the Tayfour Campus—Malden Park building. Call the switchboard "0" for the login and password.

Ode to Spring

Enjoy an exquisite 5 course meal at St. Clair Centre for the Arts on Friday, March 9th at 6:30 pm. The event features the Trillium Chef's of Canada on their journey to the 2012 International Culinary Olympics. Tickets are \$125 per person or two tickets for \$200 and a table of 10 for \$1000. Watch the WRH Intranet for a chance to win 2 free tickets. If you do not have computer access—check out a WRH Kiosk located at the Met and Tayfour Campuses.

Did you know?

A new computerized surgical patient chart system becomes effective January 31, 2012. Kudos to all those involved in launching this new system.

The Tribune is a Publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.