

Mistakes are always forgivable, if one has the courage to admit them . \sim Bruce Lee

Welcome to New WRH Volunteers!

On April 1, 2013 over one hundred new Volunteers joined Windsor Regional Hospital. Volunteers previously with the Canadian Cancer Society providing service in the Cancer Centre have now joined our ranks. We warmly welcome them and express our sincere appreciation for their efforts.

Informative Nursing Documentation Seminar

The RNAO proudly presents a free workshop on documentation. The event will feature Ann Tapp, Legal Advisor with the Canadian Nurses Protective Society. It takes place on Wednesday, April 17, 2013 from 6:00 p.m. – 8:00 p.m. **OR** Thursday April 18, 2013 10:00 a.m. – 12:00 p.m. in the Ojibway Nature Centre, Prairie Room, 5200 Matchette Rd. Windsor. Please RSVP by April 12th to windsoressexrnao@gmail.com.

Nursing Excellence Award Dinner

The **Nurse Excellence Awards Dinner** will take place on May 1, 2013. Tickets are \$20.00 and are available at Met Campus in the WRH Public Affairs/Foundation Office, ext. 52005 or at the Tayfour Campus call Rose Grant-Rennie at ext. 76555. Midnight shift, please see your Manager. All are welcome!

Run Under the Sun

Break out the running shoes and plan to participate in the 3rd annual Loaring Run Under the Sun on Sunday, April 28 at 10 a.m. The event features a 5K walk/run, a 10K run and a 1K Kids Fun Run. The route begins at Loaring Physiotherapy located at 13126 Tecumseh Rd. E. For more information visit www.loaring.com. Volunteers are also needed for this event. If you are interested, or know a student looking to fulfill volunteer hours, contact Kim at ext. 52458, or kim_willis@wrh.on.ca.

Rising Sun Yoga Studio Grand Opening—This WEEKEND!

The grand opening of Rising Sun Yoga Studio is scheduled for Saturday, April 6 from 11-3 p.m. The studio is located at 238 Dalhousie St. in Amherstburg on the second floor. In addition, the studio is hosting an art exhibit that evening from 6-10 p.m. featuring the work of Vincent Franzoi. A portion of the proceeds from the open house and the art exhibit will be donated to Mental Health services at Windsor Regional Hospital. For more information email Ruth at ruthliebman@hotmail.com, or visit the website, www.risingsunstudio.ca.

Did you know?

WRH's MRI wait times are currently the second best in the Province with an average wait time of 12 days and CT Scans are the best in the Province at 5 days!

Tribune is a Publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele seguin@wrh.on.ca or by calling ext. 52008.