

When are family or visitors asked not to come to the hospital?

We ask that people who are sick do not visit patients in the hospital. If you have a cold or the flu, vomiting or diarrhea, a rash or a draining wound, please stay home and help us keep our patients healthy and safe.

What will happen at home?

By the time a patient goes home the germs that made us use Airborne Precautions will have been treated and most often the germs will not be able to spread to others anymore.

Clean hands save lives. 15 seconds of washing with soap and running water OR using an alcohol hand rub until hands are dry, kills germs. It is very important that all of us do our part in stopping the spread of infection.

For more information please ask your Healthcare Provider.

Questions I want to ask:

COMPASSION is our
PASSION

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AIRBORNE PRECAUTIONS



Extra Precautions

All of us have germs. Most germs are harmless, some are helpful. A few germs can make us sick. At Windsor Regional Hospital (WRH) our goal is to protect our patients, and their loved ones from germs that might make them sick. In the hospital, extra precautions are used as a way of stopping the spread of germs from one person to another.

What are “Airborne Precautions”?

At WRH we use “Airborne Precautions” when a patient has germs that can be harmful to others and are spread when we cough or sneeze. These germs can travel very far by floating in the air, and can reach a lot of people.

Airborne Precautions allows us to prevent the spread of these germs to others by wearing a special mask called an N95. N95 masks stop the spread of germs into our lungs. We also have to use special rooms that prevent the air inside the room from getting out into the hallway. We must still clean our hands before and after using N95 masks.

If we need to use Airborne Precautions we will:

- * Use a single room with special air-flow. The door must stay closed at all times.
- * Wear N95 masks when we are inside the room.
- * Place a sign on the door to tell others about the extra precautions in place.
- * Ask that patients wear a mask if they must leave their room for a test.
- * Clean our hands before and after we touch you.
- * Patients must stay inside the special room at all times unless they need to have a test done.



Cover Your Cough

To prevent the spread of germs from coughing and sneezing:

- * Cover your nose and mouth when coughing or sneezing (coughing into your elbow will work if you don't have a tissue).
- * Put used tissues in the garbage.
- * Clean your hands.
- * Keep your hands away from your face.
- * Clean your hands after coughing/sneezing and before touching things.

What about family and visitors?

We ask that patients in Airborne Precautions avoid having any loved ones visit until we do not need the extra precautions.

If someone must visit they must contact the nursing staff to learn how to find an N95 mask that fits and learn how to use it. They must wear the mask when they are in the room to protect themselves from getting sick. After you have left the room, take off the mask and place it in the garbage. Clean your hands when you leave the room.