

AFTER YOUR BRONCHOSCOPY

A bronchoscopy is a test in which an instrument is passed down your throat to allow the doctor to see entry to your lungs. It is important to follow these simple guidelines after your bronchoscopy.

THINGS TO KNOW

1. You may receive medication to relax you which may cause you to be drowsy. You may be asked to remove your dentures.
2. Your cooperation is essential to completion of the test. You will be positioned to best facilitate insertion of the scope.
3. A local anaesthetic will be sprayed on your mouth or throat. This may taste bitter. If you have secretions in your mouth, spit them out. **DO NOT SWALLOW SECRETIONS.**
4. Follow your physicians directions throughout the procedure, especially during insertion and removal. Please remain still during the procedure.

THINGS TO AVOID

1. Avoid drinking or eating until the gag reflex has returned completely.
2. Avoid coughing or clearing your throat for several hours after the procedure.
3. Avoid smoking.
4. Avoid straining your voice.
5. Do not drive or operate equipment which requires alertness for at least 12 hours, or as recommended by your physician.

Questionnaire

Please give us the opportunity of improving our care by answering the questions below, if you can. However, you are under no obligation to do so.

1. Did the explanation and the information provided prepare you for the procedure?

YES ____ NO ____

If NO, please tell us how we can improve.

2. Were you comfortable during/after the procedure?

YES ____ NO ____

3. If NO, did you report this to the nurse?

YES ____ NO ____

Thank you.

PLEASE TEAR OFF THIS SECTION AND RETURN TO
A STAFF MEMBER.