

Patient Information Pamphlet

Conscious Sedation

COMPASSION is our
PASSION

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CONSCIOUS SEDATION

You will receive medication for sedation or pain relief during your procedure. These medications cause drowsiness or sedation. You may feel dizzy or lose your sense of balance. Your judgment may be affected, your reaction time will be slowed. Most importantly, you may not recognize that these changes have occurred.

This pamphlet will provide you with instructions after your discharge.

For your safety, you should understand and follow the instructions after leaving the treatment area or hospital.

NOTE:

You will need a responsible adult to drive you home after your procedure.

INSTRUCTIONS

1. The duration of drowsiness varies with each person. You will recover from the effects by tomorrow.
2. **Do not drive or use dangerous appliances or equipment (i.e. lawnmower, stove, etc.) until the day following your sedation.**
3. Do not make any important decisions until the day following your sedation.
4. You may feel nauseated. For the rest of the day we recommend that you start taking clear fluids first, then go to solids as you are able. Do not eat if you feel nauseated or sick to your stomach.
5. **Someone should be available to check you every 2 hours for the next 6 hours. If you go to sleep, someone should wake you in 2 hours and again in 4.**
6. If you are taking any medications, ask your doctor when you should restart the medication.

NOTES

APPOINTMENTS
