

5

Questions to Ask About My Multiple Medications

to help make decisions together with my doctor,
nurse practitioner, or pharmacist



What is the purpose of each of my medications?

Could I be experiencing any side effects or drug interactions?

Could lifestyle changes also improve my well-being?

Are all my medications needed?

What other information should I know about my medications?

Taking multiple medications usually means taking 5 or more medications

For more information about the 5 Questions:



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