

5

Questions to Ask About My **Multiple Medications**

to help make decisions together with my doctor,
nurse practitioner, or pharmacist



**What is the purpose of each of
my medications?**

**Could I be experiencing any side
effects or drug interactions?**

**Could lifestyle changes also
improve my well-being?**

Are all my medications needed?

**What other information should
I know about my medications?**

**Taking multiple
medications
usually means
taking 5 or more
medications**

For more
information about
the 5 Questions:



Click or Scan