

Friday, January 12th

Patient Flow Improvement Program withstands the "Holiday Storm"

It has been a challenging few weeks. The extremely cold winter weather wreaked havoc with the roads and brought people into hospital with various storm related ailments. Holiday time is always a difficult time for patient flow – more staff are on vacation, some services have limited hours, community resources are closed, and yet people in our community continue to experience significant illness, especially during flu season. This year, however, the challenges to patient flow were met with some significant positive influences.

The Patient Flow Improvement Program, which began in the medicine program on October 23, 2017, had already put processes in place that helped guide our decisions and assist WRH during these challenging days. While our wait times in ED and inpatient medicine units did increase as compared to "normal" times, many staff commented that it was far better than previous years and all the elements associated with the Patient Flow Improvement Program, including the Command Centre, Assessment Bays, Bed Allocation, Care Rounds and other components, helped to create a structure that improved our ability to provide effective and efficient patient care during very busy times.

"Compared to previous holidays, patient flow was improved because of the processes and the standard work that was already in place. It helped to guide our decisions during these hectic times," said Theresa Morris, Director of Emergency Services

Effective systems should be designed to withstand pressures when it is overburdened. The patient flow teams will continue to look at improvements and processes and continue to identify strategies to ensure they remain effective during these challenging times.

Who is following me?: Sustaining and checking in on Standard Unit

Activity Follows are being scheduled for the Medical/Surgical Units that have been standardized in the past to see what activities have been sustained and to continue to identify areas for improvement for nursing workflow that benefit the patient!

An "Activity Follow" is a 1-hour detailed recording of what activities nurses do and contributes to a snap shot of activities on the unit. These are repeated each hour over a 12 hour shift from 7am to 7pm. The results can expose opportunities to reduce and/or eliminate "wasteful" activities. Doing this allows us to understand how much time staff spend on direct patient care.

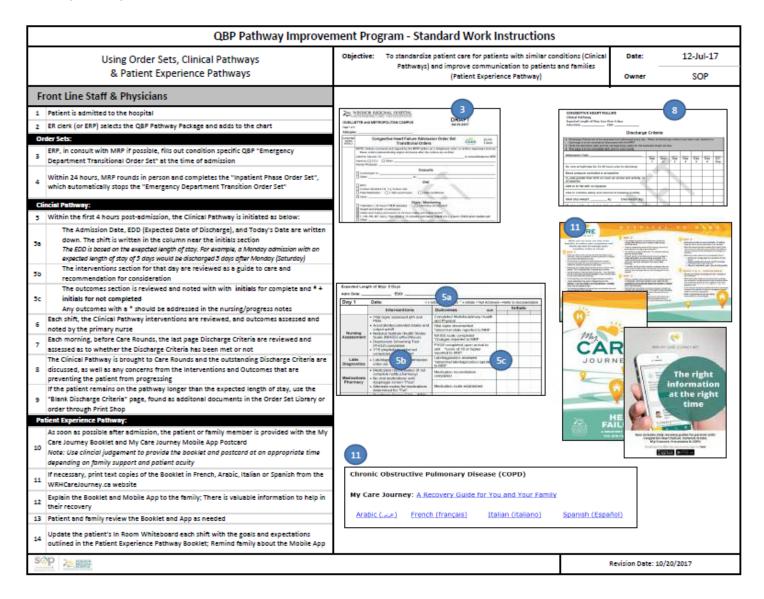
Upcoming Activity Follows	
January 22-February 5	February 5- February 19
Met Campus	
6 North	4 North
7 North	4West
8 North	5 North
Ouellette Campus	
7 East	8 East
7 West	8 West
6 West	6 East

Starting January 22 until mid February, you will see staff volunteers and trained Green Belts and Yellow Belts conducting the activity follows up on the units. They will be looking for nurse volunteers to follow. Keep an eye open on your units and welcome those conducting activity follows!

What is Standard Work anyways?

Standard Work is a Lean Manufacturing tool that clearly documents work procedures. The work procedures reflect the most reliable, safest, accurate, and efficient methods and sequences for each work procedure. Standard Work is already being used across Windsor Regional Hospital. Documenting the standard process of "giving report" as part of a Shift to Shift Report to ensure critical information is not missed is one example. Clearly outlining how a QBP Pathway Bundle is implemented and used at the bedside is another.

Standard Work Instructions are designed to ensure the same best practice care processes are delivered across every unit. Below is an example of Standard Work for using the QBP Pathways. Ask your manager for copies of the Standard Work in place in your areas!



Have a great weekend! The SOP Team future@wrh.on.ca