

## Staff Recognition and Employee Wellness - UPDATE



Two of our goals for this year were:

1. To expand on our existing Staff Appreciation and Recognition programs

2. Expand our Employee Wellness Programs





member(s) who have made your experience with Windsor

We have two formal recognition Programs at Windsor Regional Hospital:

- Above and Beyond Recognition and Honour Roll Program
- 2) Years of Service Recognition.

Our goal is to honour and recognize those who make our patient's experience at the hospital more comfortable while at the same time, sharing their achievements both internally and externally for the world to see.

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	purposes.
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	Staff members recognized for an Above and Beyond nomination.
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	2021 See and Beyond nomination
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	Jodi Bleen
Submit	Carolyn Brown Elida Craciunescu
	Chris Doc
	Amanda Drago
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THANK A STAFF MEMBER

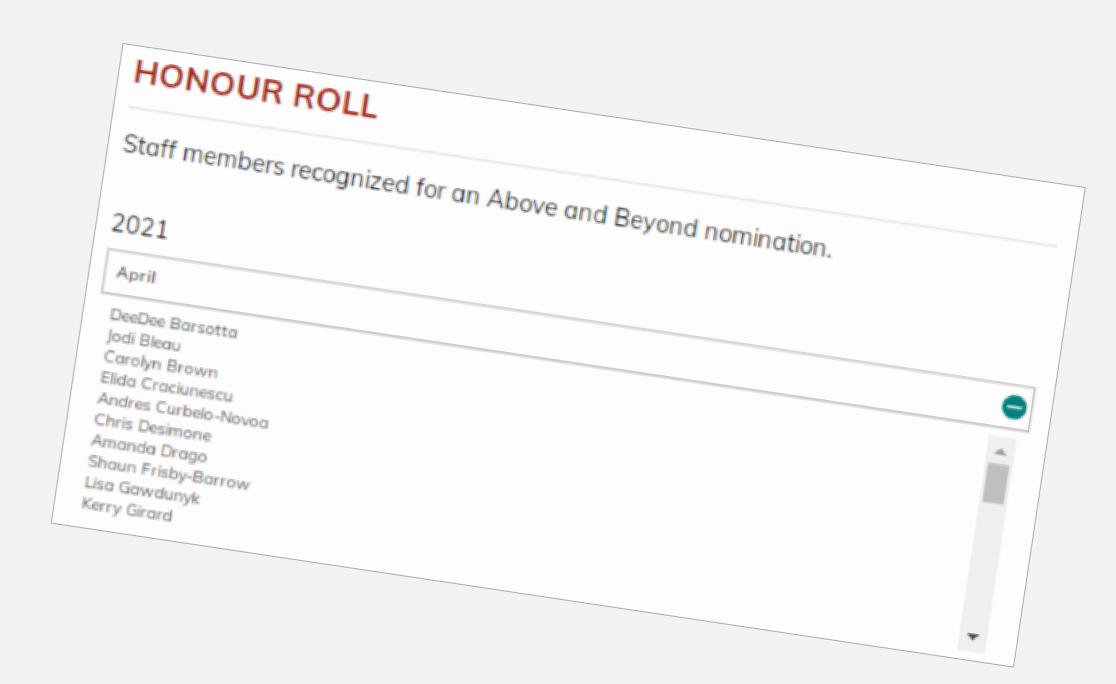


- All patients, visitors and fellow team members are welcome to submit a nomination for a Windsor Regional Hospital team member that they felt went "Above and Beyond".
- Nominations are reviewed by a sub committee of our Patient Experience Committee and then reviewed and distributed by our President and CEO.
- Each person recognized receives a letter of appreciation as well as an Above and Beyond token which can be exchanged for a small token of appreciation (i.e. gift cards, movie tickets)

-	K A STAFF MEMBER
Regional F	ank staff member(s) who have made your experience with Windsor
Please tell	lospital a positive one.
recognition form	below.
	positive by filling out the Above and P
Thank a Sta	ff Member Nomination Form
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	purposes.
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	n in honour of a staff member, please visit <u>www.wrh.on.ca/Support</u> .



- Team members nominated also have their supervisor inform fellow team members of their honour and are also featured on our monthly Honour Roll which is on display throughout the internal hospital television system.
- Team members may also be showcased on Hospital promotional material such as the website, wall frames, banners, brochures and patient menus throughout the hospital as well as possibly on billboards and banners external to the hospital as well.



https://www.wrh.on.ca/ThankaStaffMember



In addition, we celebrate and recognize over 110 holidays and...

2 dozen staff recognition days throughout the year that recognize various specialties and disciplines at WRH:

This month we will be celebrating National Physicians Day, International Day of the Midwife, Palliative Care Week, Nursing Week, Physiotherapy Month, PSW Day, Biomed Week and Paramedical Services!

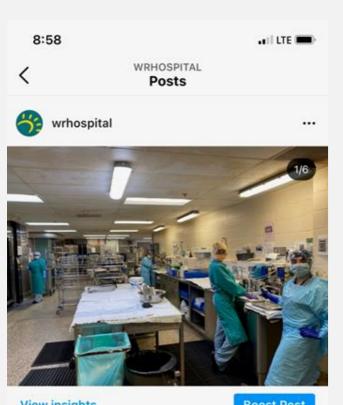
- Social Work week (first week of March)
- Pharmacist Awareness month (March)
- Registered Dietician day (mid-March)
- Hospital admitting clerks day (first Friday in April)
- Oncology Nursing day (early April)
- Volunteer Appreciation Week (second week of IPAC Week (Oct) April)
- Medical Lab week (mid-April)
- Administrative Professionals Day (late April)
- National Physicians Day (May 1<sup>st</sup>)
- International Day of the Midwife (May 5)
- Palliative Care week (early May)
- Nursing Week (early May)
- Physiotherapy month (May)
- PSW day (May 9)
- Biomed Week (mid-May)

- Paramedic Services week (late May)
- Housekeeping week (mid-Sept)
- Paediatric Nurses week (October)
- Medical Device Reprocessing Week (Oct)
- Emergency nursing week (October)
- Facilities Week (Oct)
- Spiritual Care Week (Oct)
- Respiratory Therapists Week (Oct)
- ICU week (Oct)
- Occupational Therapy Month (Oct)
- Patient Transport week (Nov)
- Medical Radiation Tech week (Nov)
- Nurse Practitioner week (Nov)
- Perioperative Nurses week (Nov)
- Physician Assistant Day (late Nov)



#### During these celebrations we:

- Publish highlights of the day/week in our newsletter, and on social media;
- Highlight videos and photos of our staff;
- Publish stories on accomplishments and new program developments;
- Have fun quizzes and contests with prizes available and
- Often have treats for staff, like our ice cream social for Nurses Week this month!







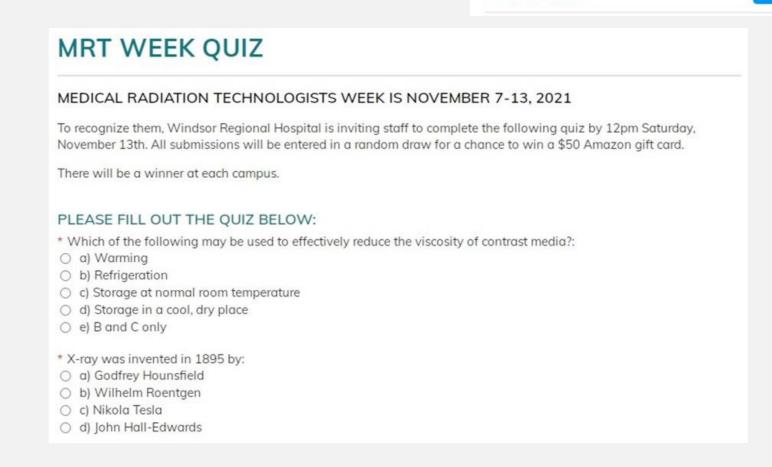


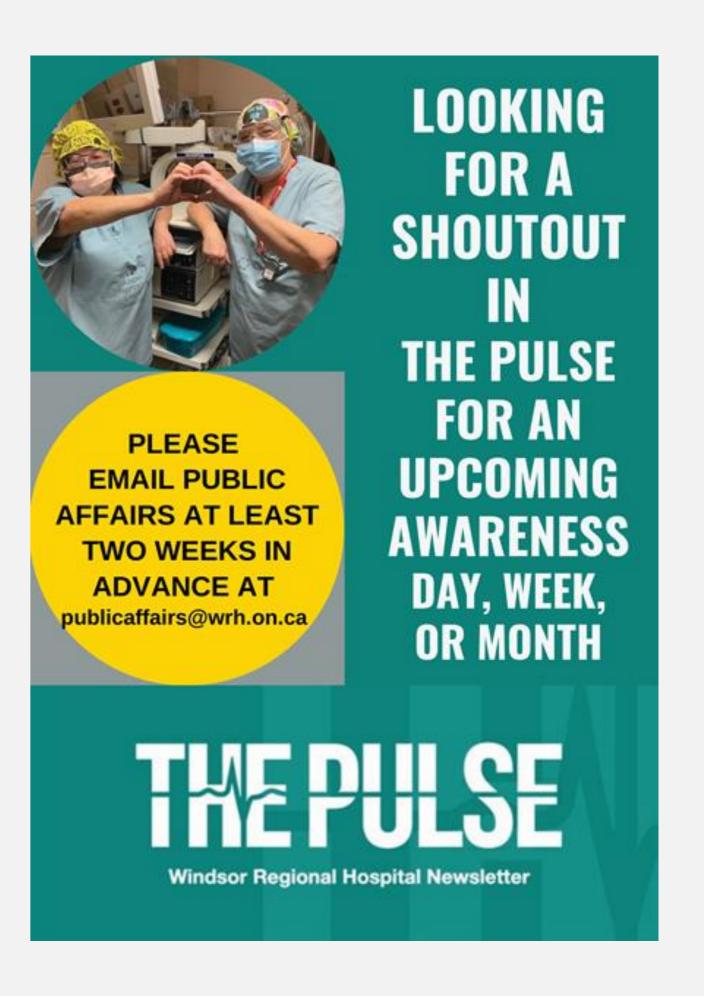


View insights

**Boost Post** 









Staff are also recognized by third party organizations and events such as the upcoming Lois Fairley Award; and for various professional and personal accomplishments, whether that be:



 Dr. Bergeron being awarded Hospice Palliative Care Ontario's Dr. S. Lawrence Librach Award for Palliative Medicine in the Community.



 WRH's Mediation & Human Rights Services Commissioner Aruna Koushik retiring after 35 years of service.

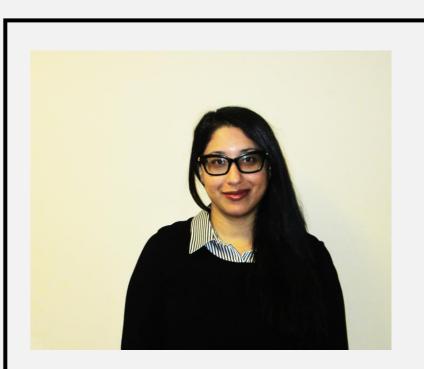




• Lucy Di Pietro, Technical Coordinator in the Microbiology Department at Windsor Regional Hospital, being named a 2022 Lerners Healthcare Champion honouring her work during the COVID-19 pandemic.



 Or being welcomed as a new employee like Afshan Ali, our newest Nuclear Medicine Technologist!



• Many more examples can be found at: <a href="https://www.wrh.on.ca/newsroom?ctg=12">https://www.wrh.on.ca/newsroom?ctg=12</a>

Our goals this year are to engage frontline staff in planning committees to continue to expand meaningful recognition throughout the year.

## Employee Wellness and Support



The last two and a half years have been incredibly difficult and one of our goals has been to expand and improve access to a variety of employee wellness activities and services for our staff.

At WRH, we have many available services including:

- 1. Access to Employee Assistance Program
  - Free service for employees and families offering:
    - ✓ Wellness information, access to community resources
    - ✓ Assistance with managing personal and job stress, depression, anxiety, coping with separation and loss and many other psychosocial supports
- 2. On-site fitness facilities and programs (some reduction due to Covid restrictions)
- 3. We were also pleased to introduce our latest Employee Wellness Program this month:
  - This latest program includes wellness activities from yoga, fitness challenges to cooking classes, online learning to community events and fundraisers and much more encompassing the 5 dimensions of wellness; Physical, Emotional, Intellectual, Spiritual and Social





# Thank You