



Supplementary Resource Package May 13, 2022

Cancer Education Day Giveaways Supporting Local

[Aamjiwnaang Artist: John Williams](#)

[Bkejwanong Artist: Elaina Wrightman](#)

[Chatham-Kent Black Historical Museum Shop](#)

[Lavalux Jewelry](#)

[Glad Day Bookshop](#)

[Pride Palace](#)

This package includes equity, diversity, inclusion and anti-racism resources as well as specific supports pertaining to the care of Indigenous, LGBTQ+ and Black patients. We invite you to explore the various sections of the package to learn more:

- Equity, Diversity and Inclusion (EDI) Resources in Ontario
- Resources: Indigenous Patients
- Resources: Trans Patients
- Resources: Black Patients
- Additional TED Talks, Presentations, Toolkits and Articles

Equity, Diversity and Inclusion (EDI) Resources in Ontario

- **Ontario Health** is committed to addressing racism and discrimination and reducing inequities in the health system. OH values inclusion and diversity and recognizes that organizational culture needs to be equitable to contribute to better outcomes for the communities they serve. To learn more visit: <https://www.ontariohealth.ca/our-work/programs/equity-inclusion-diversity-and-anti-racism>
- For **patient-facing resources** (e.g., waiting room screen savers, postcards, newsletter content) **that promote cancer screening in multiple languages** (Arabic, Chinese, English, Farsi, French, Hindi, Italian, Punjabi, Spanish, Tagalog, Tamil, and Urdu) visit: <https://www.cancercareontario.ca/en/cancer-screening-regional-resources-hub>
- **EDI Strategies** in Ontario
 - [The College of Physicians and Surgeons of Ontario \(CPSO\): Equity, Diversity and Inclusion](#)
 - [The Hospital for Sick Children: Equity, Diversity and Inclusion](#)
 - [University Health Network \(UHN\): Inclusion, Diversity, Equity and Accessibility](#)
 - [WeSpark Health Institute: Diversity and Inclusion](#)

INITIATIVES

to support research



Designed to move novel health research ideas forward & bring together interdisciplinary research teams.

A networking event to facilitate engaging conversations, while enhancing connections between our members.



A series of events aimed at providing unbiased, fact-based, and up-to-date information from experts!

HOW²HELP

- Attend public events.
- Join as a member.
- Volunteer!
- Follow us on social media (below)
- Donate to research!

What Is WE-SPARK

WE-SPARK Health Institute is an innovative partnership between St. Clair College, University of Windsor, Hôtel-Dieu Grace Healthcare & Windsor Regional Hospital bringing together health research & healthcare strengths across Windsor-Essex. The institute was officially launched in March 2020, but has been gaining momentum over that last decade.

Our vision is a thriving and engaged community driving advancements in health.



DRIVING ADVANCES IN HEALTH RESEARCH



University of Windsor



ST. CLAIR COLLEGE



WINDSOR REGIONAL HOSPITAL



HÔTEL-DIEU GRACE HEALTHCARE 1888

OUTSTANDING CARE - NO EXCEPTIONS!

FUNDING

to support research

Igniting Discovery GRANT

Funds early-stage, novel & innovative health research projects throughout Windsor-Essex.

Incentive GRANT

Supports health research projects that are close to breaking into large, national funding. Ultimately, we hope to increase the prospect of their success for future external funding.

FINDUS

www.wesparkhealth.com



@wesparkhealth

Overview of Our Services

Some ways we can facilitate health research advancements:

- Aid in the formation of research ideas and teams.
- Provide funding opportunities for projects with their grant programs.
- Offer workshops, services, and consults that facilitate research & its dissemination.
- Pair researchers with student volunteers to support projects.
- Host public events to engage community members in research.



TOOLS

to support research

Knowledge Translation: Provide guidance & tools for researchers to disseminate project-specific information. Aids in funding, public support & involvement, etc.

Student Network: Students are paired with researchers to assist in project completion or communication.

Grant Success: Internal & external tools to facilitate researchers as they navigate through grant applications and the health research system.

Collaboration Platform: Fields requests from researchers to strategically enhance their projects by providing appropriate resources, contacts, or collaborations.

Investing in Local Cancer Research for Windsor-Essex

WE-SPARK Cancer Research program is the flagship program of the WE-SPARK Health Institute composed of cancer researchers, health care professionals and community partners with a mission to build and support cancer research excellence in Windsor-Essex.



Attracts Top Expertise

23 Core Researchers



Drives Innovation

27 New Cancer Projects



Trains the Next Generation

165 Students & Trainees



Builds Research Excellence

\$6.8M Cancer Funding



Engages Community

18 Community Partners



Saves Lives

26 Active Clinical Trials

#s reflect activity for 2021

2019

2019

2020

2021

2028



Flagship program under newly launched WE-SPARK Health Institute

Launch of virtual resources: Ask the Expert, Resource Hub, etc.

Sponsored an Igniting Discovery Grant for cancer research

Cancer Research Centre of Excellence



To learn more, visit www.wesparkhealth.com



@wesparkhealth

Resources: Indigenous Patients

- To view the **Truth and Reconciliation Commission of Canada: Calls to Action** visit: https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/indigenous-people/aboriginal-peoples-documents/calls_to_action_english2.pdf
- Ontario Health offers **cancer resources to support First Nations, Inuit, Métis and urban Indigenous communities** and organizations in Ontario. Find tools, reports and publications, service information, and other resources related to First Nations, Inuit, Métis and urban Indigenous cancer care here: <https://www.cancercareontario.ca/en/resources-first-nations-inuit-metis>
- **Southwest Ontario Aboriginal Health Access Centre (SOAHAC)** improves access to, and the quality of, health services for First Nations, Inuit and Métis peoples by providing innovative, Indigenous-informed health care through a combination of health and social services. To learn more visit: <https://soahac.on.ca/about-soahac/>
- **The Hope for Wellness Help Line** offers counselling and crisis intervention services to all Indigenous peoples across Canada 24 hours a day, 7 days a week (call toll-free 1-855-242-3310): <https://hopeforwellness.ca/home.html>
- The **Can-Am Indian Friendship Centre of Windsor** develops a multitude of programs and services that encompass the cultural, economic, social, and political objectives of the urban Aboriginal community. To learn more visit: <https://ofifc.org/friendship-centre/can-am-indian-friendship-centre-of-windsor/>
- The **Non-Insured Health Benefits (NIHB)** program provides eligible First Nations and Inuit clients with coverage for a range of health benefits that are not covered through other social program, private insurance plans or provincial/territorial health insurance. To learn more visit: <https://www.sac-isc.gc.ca/eng/1576790320164/1576790364553>
- The **Métis Nation of Ontario's (MNO)** Healing and Wellness branch facilitates and coordinates programs, services, and activities to address the holistic needs of Métis people in Ontario at the provincial, regional, and local levels. To learn more visit: <https://www.metisnation.org/programs-and-services/healing-wellness/>

Resources: Trans Patients

- To view **Ontario Health – Cancer Care Ontario's Policy for the Screening of Trans People** visit: <https://www.cancercareontario.ca/en/guidelines-advice/types-of-cancer/61546>
- **Rainbow Health Ontario (RHO)** offers **training for healthcare providers to increase their clinical competency in caring for their transgender and non-binary service users**. With [2SLGBTQ Health Connect](#), RHO's new online learning platform, these trainings are now easily accessible from anywhere across the province. Visit learn.rainbowhealthontario.ca today to register for your learning account and access on-demand and scheduled courses. You will get a certificate of completion for each course that you finish.
- **Trans Wellness Ontario** is a Trans and Queer community health and support centre with resources for healthcare providers and patients. To learn more visit: <https://www.transwellness.ca/>
- **Trans Lifeline** connects Trans people to community support and resources (call 1-877-330-6366). To learn more visit: <https://translifeline.org/about/>
- To view a **list of organizations supporting the LGBTQ+ community in Ontario** visit: <https://rocketmanapp.com/blog/19-organizations-supporting-the-lgbtq-community-in-ontario/>
- To view **Cancer Screening in LGBTQ Communities** resources from The Canadian Cancer Society visit: <https://cancer.ca/en/cancer-information/find-cancer-early/screening-in-lgbtq-communities>



2SLGBTQ culturally competent health care



rainbow health ontario

sherbourne HEALTH

SILVANA HERNANDO RP, Clinical Educator;
JUAN-SEBASTIAN ORTIZ, Training & Education Specialist

SHERBOURNE HEALTH

intro:

- Dedicated to improving health outcomes for 2SLGBTQ communities in Ontario;
- Trained 15K+ providers.

background:

- 17% of LGBTQ people avoided preventative screenings due to discrimination (n=1,864)¹
- 35% of queer and trans young adults 18-24 yrs. old smoke, v. 23% gen. pop. (n=1,500)²
- Gay & bisexual men
 - living with HIV are 100x more likely to develop HPV-associated anal cancer vs. gen. pop.³

background cont.:

- Lesbian & Bisexual Women:
 - Increased risk of breast, ovarian, endometrial cancers, cervical abnormality in the presence of HPV, and a higher risk of bacterial vaginosis.⁴
 - Lesbian women had routine pap tests less frequently, compared to heterosexual.⁵
- Transgender people experience unique barriers in cancer care:⁶
 1. Lack of coordination: gender-affirming care (GAC) & cancer care (CC);
 2. Impact of CC on GAC;
 3. Gendered assumptions;
 4. Inconsistencies in providers' knowledge;
 5. Lack of trans & gender-diverse specific resources.

education:

- [Foundations Course](#):
 - Self-directed and self-paced;
 - Mainpro-M1 (3.5 credits);
 - \$20.
- [Making your Org. 2SLGBTQ friendly](#):
 - Practical application of Foundations;
 - Community of practice;
 - Free.
- [Upcoming *NEW* courses](#):
 - 2SLGBTQ Emotional & Mental Health
 - 2SLGBTQ Seniors, Elders, and Older Adults
- A practical guide for cancer and other health professionals.⁷





references:

1. CAP Survey 2017
2. [Expand Project 2021](#)
3. [aidsmap, 2020](#)
4. Bowen DJ et al. Cancer causes control. The lack of cancer surveillance data on sexual minorities and strategies for change. *Cancer Causes Control*: 2007;18:343–349
5. Katherine M. McDonald, Arlin Delgado, and Jared T. Roeckner. *LGBT Health*. Jan 2022.1-7. <http://doi.org/10.1089/lgbt.2020.0423>
6. Lauren R. Squires, Tristan Bilash, Charles S. Kamen, and Sheila N. Garland. *LGBT Health*. Jan 2022.8-17. <http://doi.org/10.1089/lgbt.2021.0072>
7. [De Montfort University et al.. Supporting lesbian, gay, bisexual and trans people with cancer.](#)

Resources: Black Patients

- To learn more from **Dr. Onye Nnorom**, including **additional talks** and access to the Race, Health and Happiness **podcast**, visit: <https://www.dronnorom.com/>
- To learn more about **The Olive Branch of Hope** visit: <https://www.theolivebranch.ca/>
- **Every Breast Counts** is a **resource hub for women of Black descent** along all stages of the breast cancer journey. The hub provides access to timely information and is created by the Peter Gilgan Centre for Women's Cancers in partnership with [The Olive Branch of Hope](#). To learn more visit: <https://www.womenscollegehospital.ca/care-programs/peter-gilgan-centre/every-breast-counts/>
- **Black Women of Forward Action (BWFA)** provides a safe place for African, Black and Caribbean women to discuss, share and collaborate. The mission of BWFA is to be an informed voice of advocacy, a definitive source of support, and a cohesive influence in networking, in all levels of education, social justice, and workplace environments. To learn more visit: <https://bwfa.ca/>

Additional TED Talks, Presentations, Toolkits and Articles

- TED Talks
 - [From the Inside Out: Diversity, Inclusion and Belonging](#) with Dr. Wendy Knight Agard
 - [How to Get Serious About Diversity and Inclusion in the Workplace](#) with inclusion advocate Janet Stovall
 - [How to Foster True Diversity and Inclusion at Work \(and in your Community\)](#) with Starbucks COO Rosaline G. Brewer
 - [Diversity: A Collection of Ted Talks](#)
- Presentations and Modules
 - [Designing a Health System for All](#) with Dr. Aisha Lofters
 - [Transforming Race-Based Research in Canada](#) with Dr. Aisha Lofters
 - [How Meaningful Change in Diversity, Equity and Inclusion from Healthcare Leaders Matters](#)
 - [On-Demand EDI Resources](#)
 - [Michigan Medicine Training: Nurses, Medical Assistants, Technicians](#) (overview of use of names and pronouns, guidance for taking a history and bystander responsibilities)
 - **Rainbow Health Ontario (RHO) has developed this [seven-module course on lesbian, gay, bisexual, transgender and Two-Spirit \(LGBT2SQ\) health for healthcare and social service providers](#)**. These self-directed modules will help build your foundational knowledge for providing care to 2SLGBTQ people, and can be accessed at your convenience. This course will heighten your comfort level and competency in providing high-quality inclusive, affirming, welcoming; culturally sensitive care. Open to anyone, this course is a pre-requisite for all other RHO courses. Mainpro+ Certification: **3.5 Mainpro-M1 credits** (Ontario ONLY).
 - [Pauktuutit Inuit Women of Canada](#), in partnership with the **Canadian Cancer Society**, offers eLearning modules that provide an essential bridge between Inuit cancer patients and healthcare providers. The modules include considerations about cultural safety, the historical context of colonization, unresolved trauma and healing-centered engagement, Inuit ways of knowing and knowledge, how to use and implement the cancer resources, and importance of language and spirituality. Modules are accredited by the Canadian Nurses Association. To access the eLearning modules visit: <https://pauktuutit.ca/health/cancer/>
 - **Canadian Virtual Hospice** provides **free Indigenous Cultural Safety Training** related to advanced illness, palliative care and grief. In these modules, you will hear from Indigenous Peoples about their values, beliefs, and views about care, explore barriers to culturally safer care, and learn how to address these barriers in your role. To access the modules visit: <https://culturalsafetytraining.livingmyculture.ca/>

- Toolkits
 - The **Models of Care Toolkit** is a practical resource for health system leaders and policy and program developers. It provides detailed information on innovative, evidence-informed models of care, with examples of care models used in Canada and internationally. To access details on models of care, view the five different topic areas: First Nations, Inuit and Métis, coordination with primary care, optimizing scope of practice, cancer care networks and virtual care and patient navigation: <https://www.partnershipagainstcancer.ca/topics/models-of-care/models-of-care-summary/>
 - **Poverty: A Clinical Tool for Primary Care** directs providers to use key questions to assess their patients' living situations and current benefits and includes links to key government and community resources to support positive interventions: <https://cep.health/clinical-products/poverty-a-clinical-tool-for-primary-care-providers/?®ion=6>
 - The **Canadian Centre for Diversity and Inclusion** is a made-in-Canada solution designed to help employers, diversity and inclusion/human rights/equity, and human resources practitioners effectively address the full picture of diversity, equity and inclusion within the workplace. To learn more and access **free toolkits** visit: <https://ccdi.ca/toolkits/>
 - **Taking Steps Together: A Toolkit for Providers in Ontario** is intended to provide Inuit-specific cultural context, tools, resources, and knowledge to support providers in offering the best care possible for Inuit clients. To learn more visit: https://tionario.ca/wp-content/uploads/2021/04/TIOntario_Provider_CancerToolkit_FINAL_WEB.pdf
 - **Taking Steps Together: A Cancer Toolkit for Urban Inuit in Ontario** aims to provide the information Inuit need to make informed health decisions related to cancer screening and beyond. To learn more visit: https://tionario.ca/wp-content/uploads/2021/04/TIOntario_Community_CancerToolkit_FINAL_WEB.pdf
- Articles
 - [Preventive screening in women who have sex with women](#)
 - [Improving preventive screening with Indigenous peoples](#)
 - [Yes, Trans Women Can Get Prostate Cancer Too](#)
 - [Intersectionality and cancer survivorship: Sexual orientation and racial/ethnic differences in physical and mental health outcomes among female and male cancer survivors](#)
 - [Equity-Oriented Healthcare: What It Is and Why We Need It In Oncology](#)
 - [From Race-Based to Race-Conscious Medicine: How Anti-Racist Uprisings Call Us to Act](#)
 - [A "Tea and Cookies" Approach: Co-designing Cancer Screening Interventions with Patients Living with Low Income](#)
 - [Who Sits at the Table Matters, Especially During a Pandemic](#)
 - [Health in Focus: Racialized 2SLGBTQ Health | Rainbow Health Ontario](#) will help you to identify barriers experienced by racialized 2SLGBTQ people in accessing health care and social services, and to better understand what can be done to create affirming 2SLGBTQ environments for this population
 - [Cancer and LGBTQ Communities | Rainbow Health Ontario](#) aims to provide an overview of the existing research on LGBTQ populations and cancer and recommend actions that service providers can take to better serve their LGBTQ patients with regards to cancer prevention and treatment
 - [Affirming and Inclusive Care Training for Medical Students and Residents to Reducing Health Disparities Experienced by Sexual and Gender Minorities: A Systematic Review](#)