### **GU Retreat 2019**

## Dr. Sindu Kanjeekal Windsor Regional Cancer Program



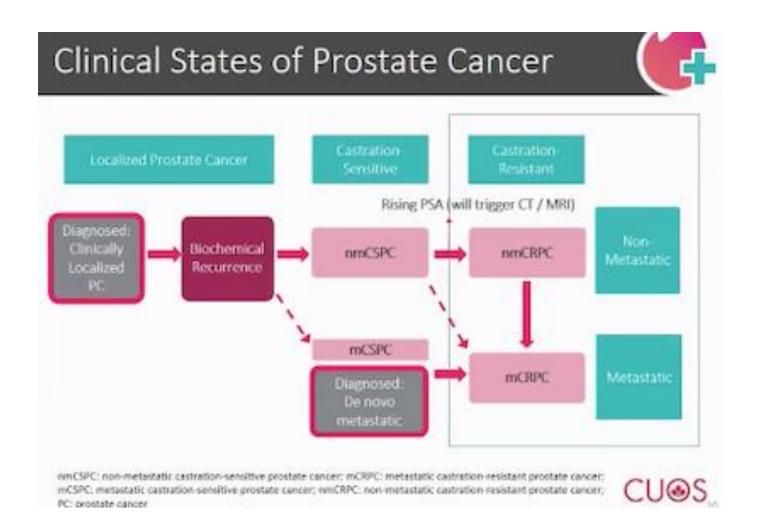
## Objectives

Understand treatment options in CSPC

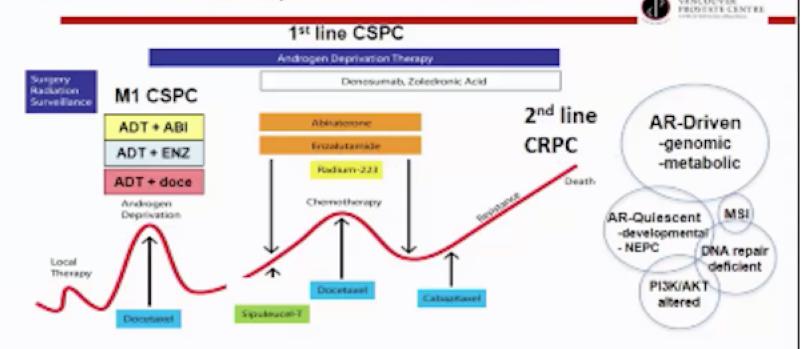
Review the 2018 AUA guidelines for CRPC

Anticipate new treatment possibilities

### **Advanced Prostate Cancer**



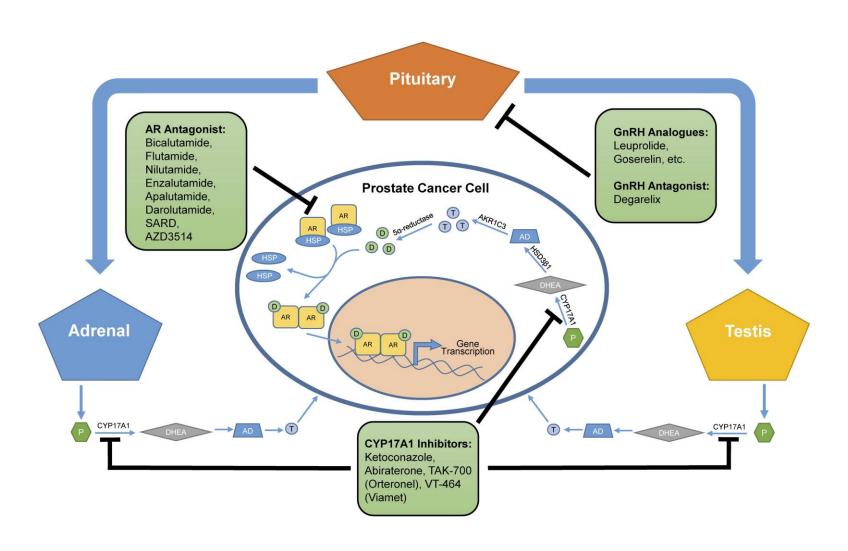
### AR Pathway Inhibitors have re-defined the Treatment Landscape in Advanced PCA: 2019



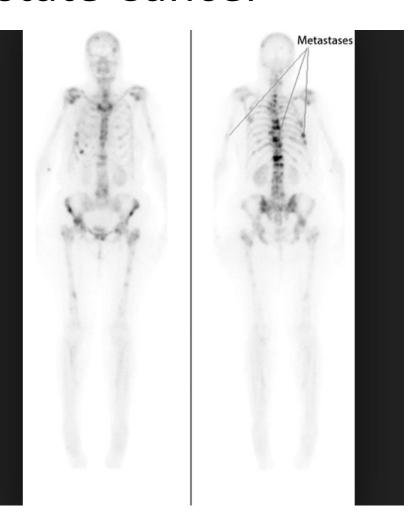
Moving docetaxel or ARPI earlier in combination with ADT improving outcomes Combining, or sequencing, ABI and ENZA, not efficacious (due to cross-resistance)

Molecular sub-classification is key to begin stratified approaches to treatment – along with availability of drugs that specifically target biomarker-defined cancer vulnerabilities

### Androgen Receptor Pathway Inhibition

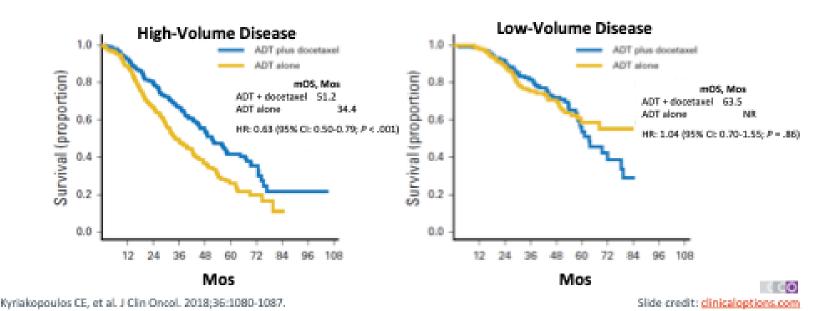


- 67-yr-old "healthy" retired accountant
- PSA 76 ng/mL
- Gleason score of 8
- prostate cancer with moderate back pain, and multiple bone metastases scattered in his ribs, spine, and pelvis
- he has had an active lifestyle and travel schedule that he wants to maintain as long as possible

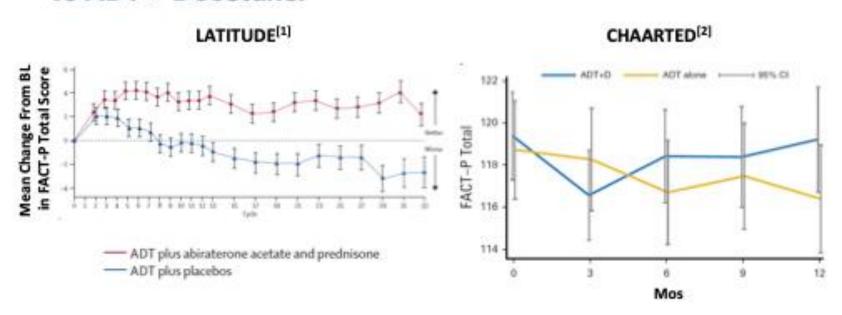


### Phase III CHAARTED Trial Long-term Follow-up: High-Volume vs Low-Volume Disease

 Median follow-up of 53.7 mos in patients with metastatic hormone-sensitive prostate cancer randomized to ADT + docetaxel vs ADT alone (N = 790)



## FACT-P Total Scores for ADT + Abiraterone or ADT Alone vs ADT + Docetaxel



- Consensus: docetaxel + ADT appropriate for high-volume metastatic disease
- Change: STAMPEDE<sup>[2]</sup> and LATITUDE<sup>[3]</sup> in 2017 are the recent game changers (ADT ± abiraterone)
- Controversy: docetaxel
   + ADT debatable for
   low-volume metastases
  - New CHAARTED data negative for low volume subset<sup>[1]</sup>

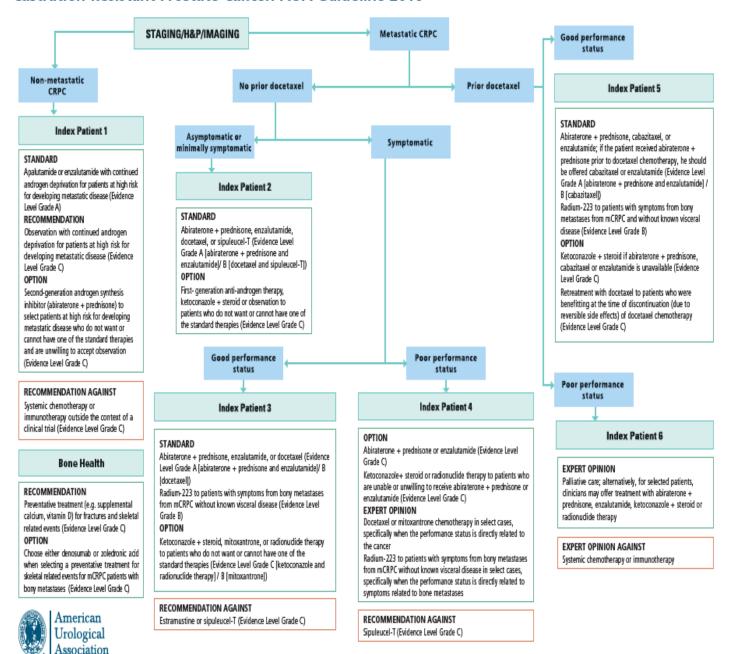


<sup>1.</sup> Kyriakopoulos, et al. J Clin Oncol;36:1080-1087. 2. James ND, et al. N Engl J Med. 2017;377:338-351.

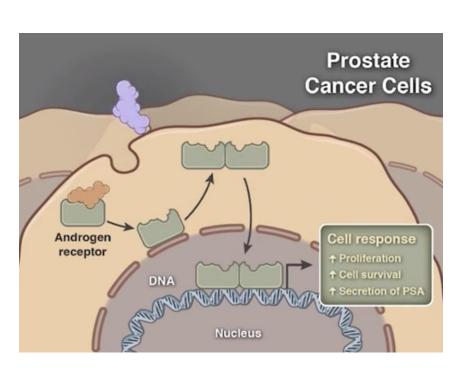
<sup>3.</sup> Fizazi K, et al. N Engl J Med. 2017;377:352-360. 4. Sydes MR, et al. Ann Oncol. 2018; [Epub ahead of print].

- 67-yr-old "healthy" retired accountant presents with PSA 76 ng/mL, Gleason score of 8, prostate cancer with moderate back pain, and 10 bone metastases scattered in his ribs, spine, and pelvis
- He presents telling you he has had an active lifestyle and travel schedule that he wants to maintain as long as possible
- Can offer:
  - ADT+ 6 cycles of docetaxel or
  - ADT+ abiraterone+prednisone until progression
  - Supportive care: Ca/Vit D/ weight-bearing exercise

#### Castration-Resistant Prostate Cancer: AUA Guideline 2018

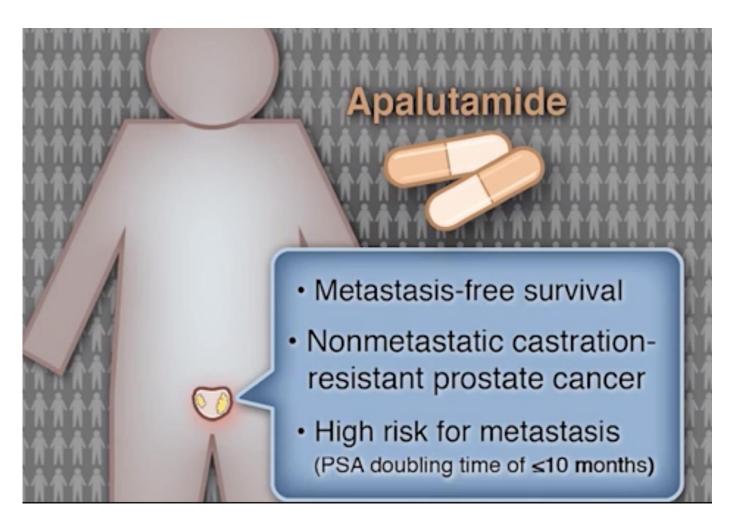


# SPARTAN RCT APALUTAMIDE VS PLACEBO

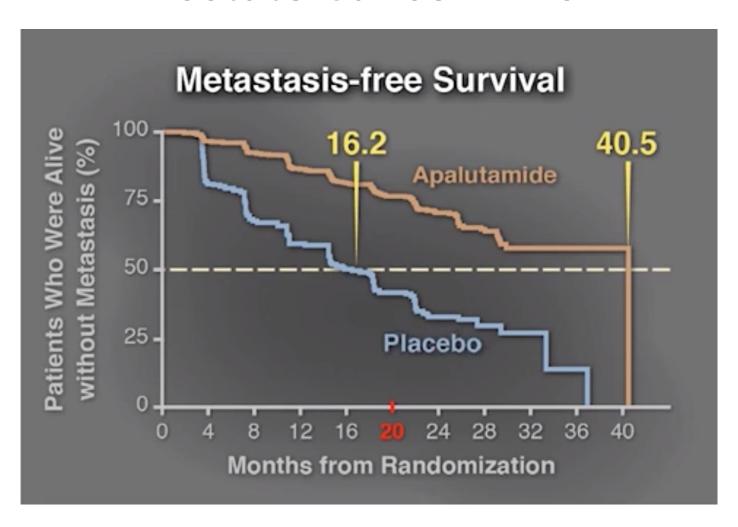


- PSA only failure
- Rising PSA >2ng/mL higher than nadir
- Rise has to be >25% over nadir
- Confirmed with 2<sup>nd</sup> PSA at least 3 weeks later
- Testosterone < 0.5 ng/dL</li>
- No radiographic evidence of mets

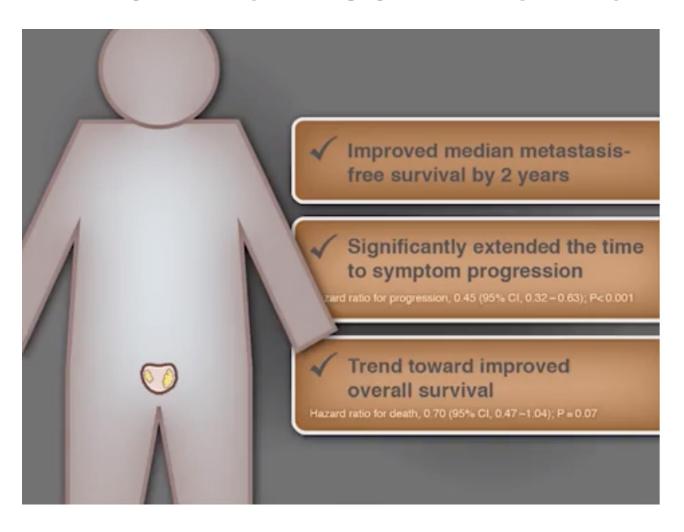
## CASTRATE RESISTANT NON-METASTATIC PROSTATE CANCER



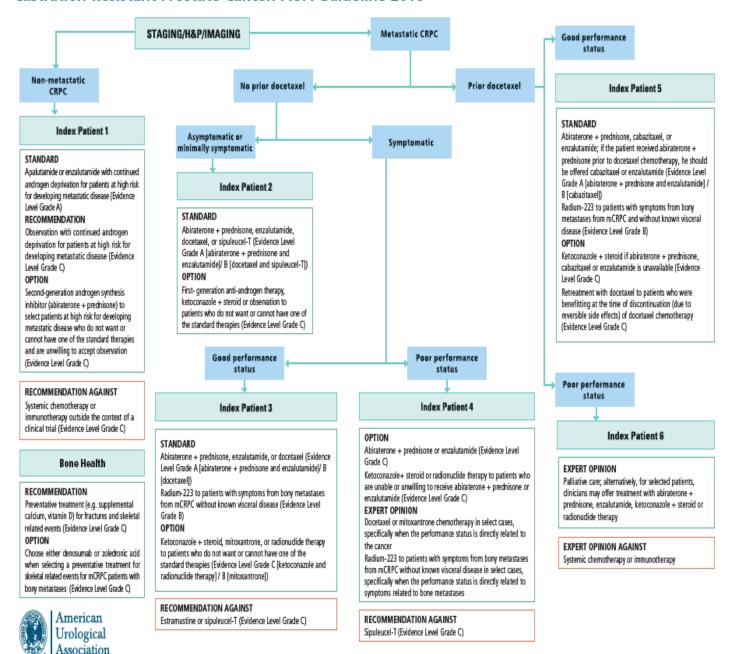
## Castrate Resistant non-metastatic Prostate Cancer-"M0"



## CASTRATE RESISTANT NON-METASTATIC PROSTATE CANCER



#### Castration-Resistant Prostate Cancer: AUA Guideline 2018



# Castrate Resistant Metastatic PC Chemotherapy

#### **Docetaxel**

- TAX-327 NEJM 2004
- 1<sup>st</sup> chemotherapy to show survival benefit
- 18m vs 16m

#### **Cabazitaxel**

- TROPIC 2010
- Post docetaxel
- 15m vs 13m

# Castrate Resistant Metastatic PC AR Inhibitors

#### **Post Docetaxel**

COU-301 2011

- Abi+prednisone vs pred
- OS benefit HR-0.65

#### **AFFIRM 2012**

- Enza vs placebo
- OS 18m vs 14m HR=0.63

## Pre Docetaxel Minimally symptomatic

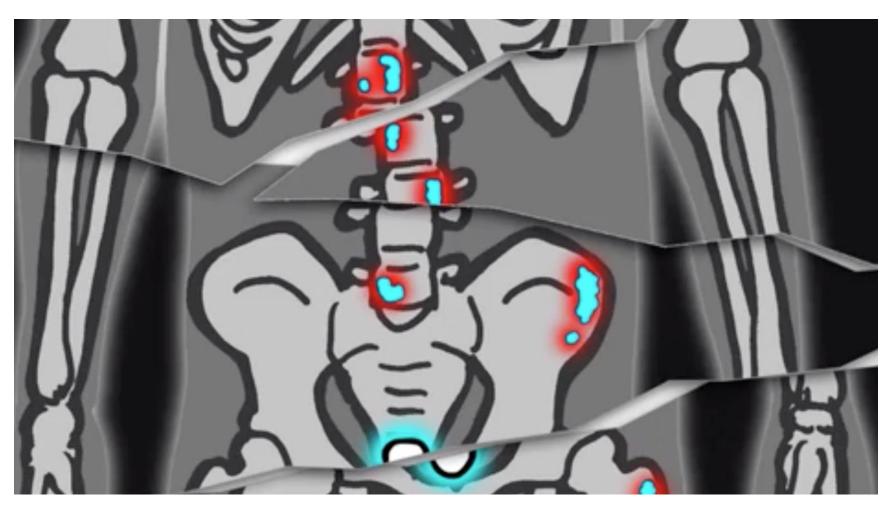
COU-302 2013

- Abi/pred vs pred
- OS benefit 35m vs 30m HR=0.81

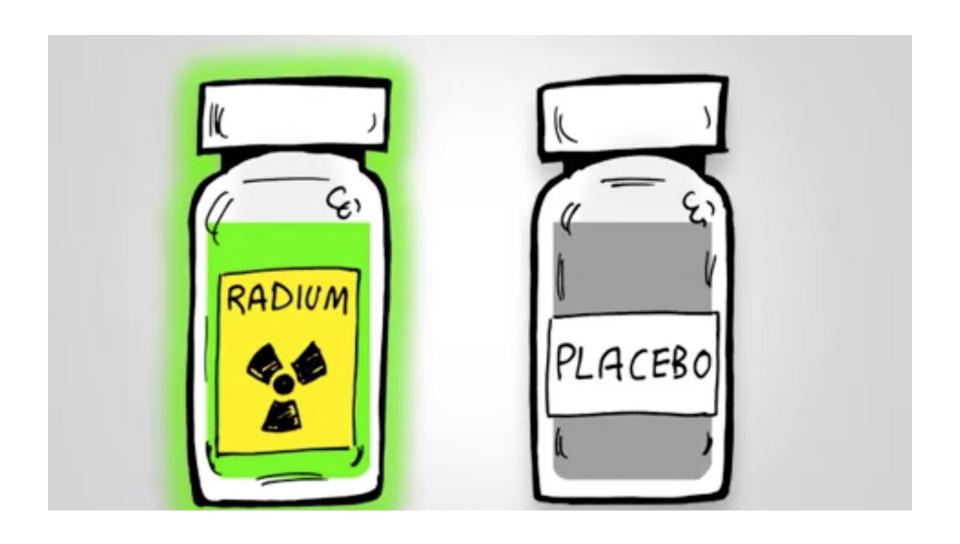
#### PREVAIL 2014

- Enza vs placebo
- 35m vs 31m
- HR=0.77

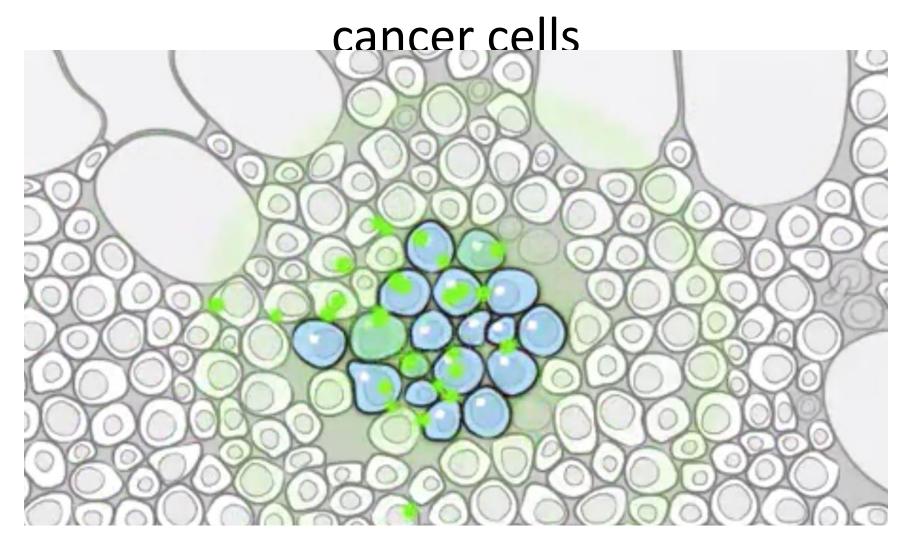
# Castrate Resistant Metastatic PC+ symptoms from bone mets



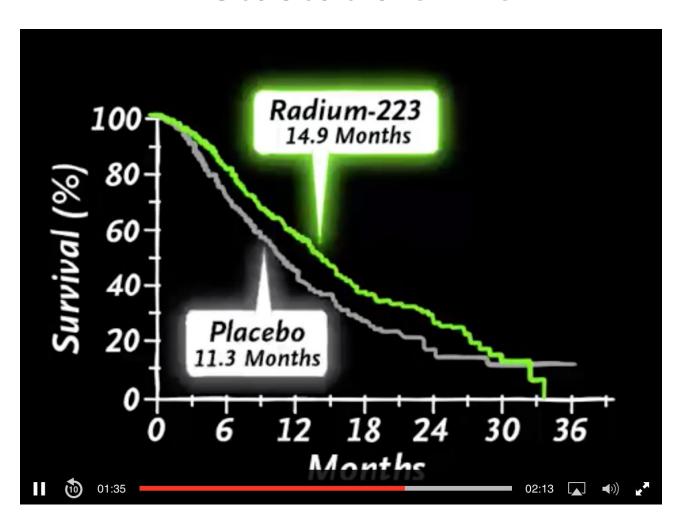
### **ALSYMPCA 2013 NEJM**



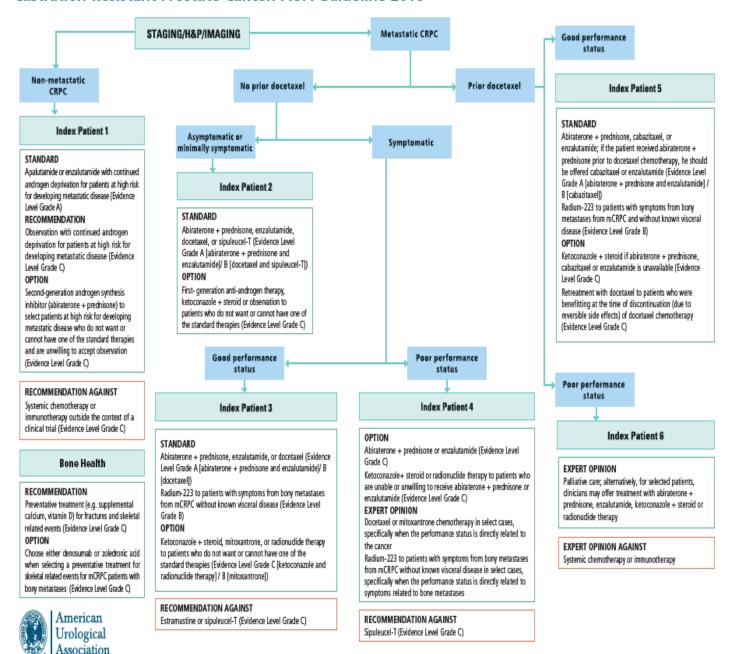
# Rd223 isotope moves into bone and emits Alpha particles that destroy



# Rd223 OS benefit in symptomatic metastatic CRPC



#### Castration-Resistant Prostate Cancer: AUA Guideline 2018



# Castrate Resistant Metastatic PC Index pt 2

### **Minimal symptoms**



### No prior chemo

- Abi/prednisone
- Enzalutamide
- docetaxel

# Castrate Resistant Metastatic PC Index pt 3+4

### **Symptoms**

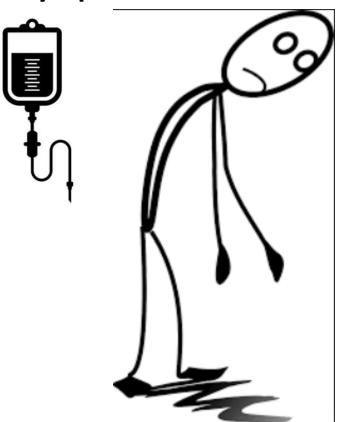


### No prior chemo

- Abi/pred
- Enza
- Docetaxel
- Rd223

# Castrate Resistant Metastatic PC Index pt 5+6

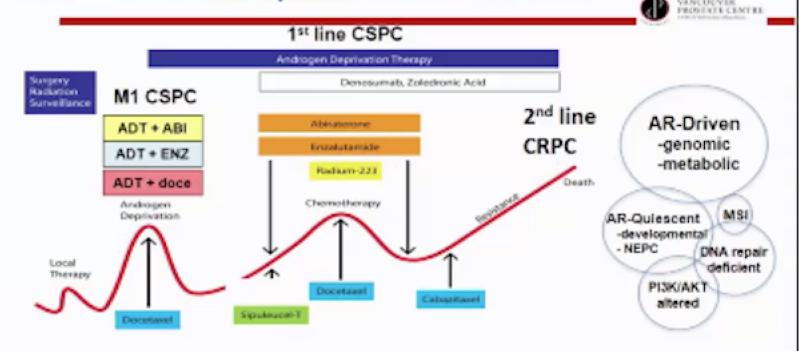
### **Symptomatic**



#### **Prior docetaxel chemo**

- Cabazitaxel
- Abi/prednisone
- Enzalutamide
- mitoxantrone/ prednisone

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### Genetic Features of CRPC

Defect in AR signaling

- AR-V7
- Resistance to AR inhibitors

Defect in DNA repair (12%)

- BRCA 1/2
- Parp inhibitors

Defect in Mismatch repair

- MSI-High
- immunotherapy

