



A message of thanks

If you're reading my story today, I'd like you to promise yourself one thing:

Promise that you'll brush up on the warning signs of a stroke. And get your family and friends to, also.

You see, last April, I spent a few days feeling a bit "off." I had some funny sensations in my arms.

One morning I was feeling wobbly. I asked my wife if she'd feed the horses and let me go back to bed.

Well, if she had just fed the horses and then gone out to an appointment she had, I wouldn't be here today.

Fortunately, my wife sensed that something was wrong.

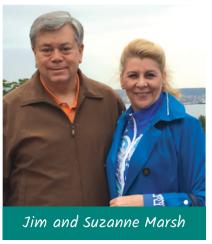
She said, "I'm going to ask you some questions. And if you don't reply in a normal manner, I'm calling an ambulance."

She was so surprised when I said "okay" that she just went ahead and called the ambulance right away.

When I got to the Windsor Regional Hospital, one side of my face had begun to droop. My wife had been right to sense the worst. **I'd had a stroke.**

A scan showed doctors that I had something called a basilar stem artery blockage. But instead of a major surgery, the doctor was able to go in through my arm and up through my veins to find the blood clot in my brain and remove it.

Doctors can only do their best work like this when they have the best equipment. That's where supporters like you and I come in.



In a nutshell, our hospital is there when we need it — and I'm living proof of that. Now, from spending time there, I see that they need us, too.

This hospital has served many of us from birth to old age. And there will always be a day when you or I or someone we love needs the hospital.

But you can feel reassured knowing that our hospital has the best medical team, who will go above and beyond to care for them. And the best supporters — like you — who make sure the equipment they rely on is always at hand.

Thank you,

Jim Marsh

"Our hospital is there when we need them - and I'm living proof of that. Now, from spending time there, I see that they need us, too."

Windsor doctors lead the way in supporting research

"Windsor might be a smaller community, but we're definitely becoming really big on the research front, and it's because of support like this."

These are the words of Jonathan Foster, VP of Emergency, Trauma, Mental Health, Office of Research, Renal and Regional Cancer Program.

Jonathan Foster was describing the vision and leadership of two Windsor Regional Hospital doctors — Dr. Tayfour and Dr. Emara — who have just pledged an outstanding \$330,000 to support groundbreaking research being conducted here.

Last year, Dr. Tayfour and Dr. Emara also donated generously. That donation was used to invest in grants that allowed for clinical trials and cancer research.

This year's donation will fund research fellowships, grants for new research, and support for researchers

who may want to bring their studies to Windsor.

"The Windsor-



Essex region is home to world-class experts in almost every medical specialty," says Dr. Emara. "This initiative will attract top clinicians to conduct cutting-edge research in our community, which will make a real difference in the lives of our patients."

All of this paves the way for breakthroughs in medical research that will make life better for the people in our community.

As we plan for the research facilities that will be built at our new hospital, Windsor is becoming recognized provincially, nationally and even internationally for our research work.

And, as Jonathan Foster says, that's because of the dedication of doctors like Dr. Tayfour and Dr. Emara — and our whole family of supporters.





Ron Foster: Leaving a Legacy of Outstanding Care



Many of us may remember Ron Foster as the former Executive Director of the Windsor Regional Hospital Foundation for 30 years.

Retired now, Ron stays actively involved with the hospital as a volunteer.

He has also chosen to support the hospital by leaving a gift to the Windsor Regional Hospital Foundation in his Will. Here is what he has to say about making this decision:

"It's given me a deep sense of satisfaction and happiness.

We need the best healthcare possible. By giving towards the hospital's future, I know that my children and my grandchildren will experience outstanding care in the years ahead."

Many of Ron's own family have been cared for here at Windsor Regional Hospital. And as he points out, <u>every single family in our community</u> will need the hospital at some point.

But the hospital also needs its supporters. Including when the new hospital is built. It will need donor support to purchase equipment, advanced technology, research facilities and special patient support programs.

Ron shared these important points about leaving a gift in his Will to the Foundation:

- It is easy to do. In his case, Ron chose to leave his bequest as a gift of Life Insurance. But there are many ways to leave a gift in your Will. Speak with your own family lawyer or financial advisor who can help you make a Will or amend your current Will to include the hospital.
- >>> Some people think that leaving a bequest in your Will is something that only very wealthy people do. Nothing could be further from the truth. Any gift in a Will, of any size, makes a real difference.
- And, of course, from working with the Foundation for 30 years, Ron knows firsthand that every dime of your gift will be very well used.

"Taking care of family is important. I consider the hospital as one more beneficiary alongside my children. A beneficiary whose future is crucial to my family's well-being.

If you choose to leave a gift in your Will, I know it will bring you peace and satisfaction knowing that others will benefit from your generosity."

If you would like more information or have questions about leaving a gift in your Will, please contact Cristina Naccarato at 519-995-2392 or cristina.naccarato @ wrh.on.ca.



Your Gifts Support Essential Equipment

Your gift to the Windsor Regional Hospital Foundation helps your hospital to provide the best care possible for our patients.

Syringe Pump System

Used for the automated and continuous delivery of medications in adults, children and infants.

NICU Cost: \$6,675



Physiological Monitor

Physiologic monitors measure and record temperature, heart rate, respiration, alertness and activity.

Emergency Department Ouellette Campus



Cost: \$15,345.62

Jackson Surgical Table

Needed for the neurosurgical department of the OR, the table base is constructed for unrestricted use with any C-arm and can support patients in supine, lateral and prone positioning.

Neurosurgical Department of the Operating Room

Cost: \$49,500



Making strides in research — and its impact on patient care

Did you know that every year there are about 120 active research projects happening at Windsor Regional Hospital?

In the last three years we've made great strides in our research departments. Critical research is underway right now in cancer, renal, stroke, neurology, pediatrics, orthopaedics, critical care, cardiology and medicine.

How does that impact you, or someone you love who may be a patient at Windsor Regional Hospital?



Well, research is an important part of the patient care we deliver here. It helps our patients in so many ways — like improved diagnosis and better treatments.

World-class research projects and an active research environment also help us attract the best of the best when it comes to talent.

Dr. Gina Bulcke, Director, Organizational Effectiveness & the Office of Research, is particularly excited about the expansion of Windsor's clinical trials program.

"Clinical trials improve patient care, as they give our patients access to innovative treatments that are otherwise not part of standard care. And they're often a critical part of national or international studies that will help patients on a much larger scale."

Donor support is critical to the success of our clinical trials program and all research done at Windsor Regional Hospital. If you'd like to find out more about supporting this important aspect of our work, please contact Cristina Naccarato at 519-995-2392 or cristina.naccarato@wrh.on.ca.

Windsor Auxiliary

Our deep thanks go again to the Windsor Regional Hospital Auxiliary for their continued dedication and support of our hospital.

Their 2022 donation of an outstanding \$56,622 will help purchase 9 Crash Carts.

These crash carts are self-contained, mobile units that contain all the equipment, drugs and devices needed for medical staff to respond instantly when someone needs immediate assistance — often for a cardiac arrest.

Crash carts are critical to saving lives at our hospital, and we sincerely appreciate the hard work of the Auxiliary in helping us to care for our patients so swiftly.





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