

# Peer Support Meeting For Individuals Living with Sickle Cell Disease

Join us for a welcoming space to connect with others who understand the experience of living with sickle cell disease.

Thursday,  
26 March, 2026

Time: 04:00 PM –  
07:00 PM

Auditorium Side A  
(Next to the Cafeteria)  
Windsor Regional Hospital  
Met Campus, Windsor



## What to Expect

- A safe and supportive environment
- Opportunities to share experiences or simply listen
- Peer encouragement and understanding
- Conversations about coping strategies and daily challenges
- Building connections within the Windsor-Essex community

