

Standardization & Optimization Process



Friday, May 17, 2019

# Meet your Mobility Champions on 'Walking Wednesdays'

While patients get up every day, the mobility team has designated Wednesday's as "Walking Wednesdays". To make it easy to recognize the mobility champions among us, the team will be wearing grey t-shirts with the "Movement Matters" logo on the back. Our mobility champions are comprised of clinical practice managers, nurses, ambulation assistants, and physiotherapists.

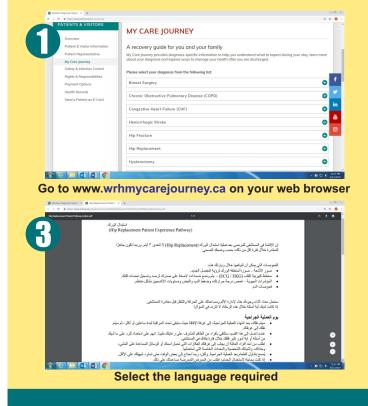
Nurse champions have been identified on 7Med and 4 North. These nurses encourage their patients to mobilize daily. Their role is to serve as a resource on the unit and to assist their peers with the mobility bundle.

Ambulation Assistants work on all medicine and surgery units and receive referrals for patients who are identified as mobility level "A" by the nurse. They are all mobility champions and can answer any questions on behalf of the mobility team. The team has been working to improve mobility so patients can maintain or return to their baseline functional status. Developing a mobility plan and setting goals on admission prevents functional decline which can happen within just 2 days of hospitalization.



# My Care Journey Brochures Available in Multiple Languages

Did you know the WRH My Care Journey brochures are also available for printing in French, Arabic, Italian and Spanish? Follow the 4 easy steps below to access all of the QBP diagnosis in these languages! QBP diagnosis include; Knee Replacement, Hip Replacement, Knee Arthroscopy, Prostatectomy, Hysterectomy, Breast Surgeries, Shoulder Arthroplasty, COPD, Heart Failure, Community Acquired Pneumonia, Ischemic Stroke, Hemorrhagic Stroke and TIA.





Select the appropriate QBP diagnosis.



Print the pathway for your patient!



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## **Medical Students Involvement in Quality Improvement**

On April 22nd, three student groups from the Schulich School of Medicine & Dentistry presented their work done with Patient Flow and QBP Pathway Improvement programs. The three projects were focused on pressure injury prevention, the effect of physician rounding on discharge times and driving recommendations post stroke. In depth and comprehensive literature reviews were shared along with valuable observations that highlighted the need for continuous process improvement.

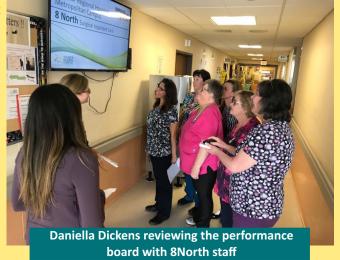
Recommendations made through their presentations align with work being done at WRH for patients to receive timely and efficient care supported by current best practices and clinical guidelines. Well done students!

## Winning teams, winning ticket

During the month of May, leaders will be up on the units sharing unit specific performance results with staff that are displayed on the TV's in the hallways. They are highlighting the great work that staff have been doing in preventing harm to our patients.

On May 2nd, staff were given a raffle ticket for a large glass Hershey's Kiss with Hershey's kisses inside donated from the foundation office. Rachel Donally from 4North, Met Campus had the winning ticket. Rachel attended the sharing of performance results on 4 North lead by Daniella Dickens.

Rachel stated "I never really took the time to look at the performance board before, but now I understand the information on it and am happy to see the good results."



## Patient Flow Metric Report-Medicine Only

Targets are set at 20% improvement since Oct 23 launch, exceptions include: ALC, DC by 11 & 14 where corporate targets already existed

