


Friday, November 15, 2019

Do you see a Walk Star among you?

Since the “Movement Matters – One step at a time” campaign launched on Sept 17th, the Ambulation Team have noticed significant improvement in patients getting up and moving on the units. Nurses are identifying and referring patients who are considered a mobility level 'A' and require the assistance of the Ambulation Team.

To make each walk count towards the ultimate goal, remember to document the distance ambulated in meters in the comfort round log by referencing the distance tools placed in all of the bedside drop downs. This allows the Ambulation Team to add the most accurate distance ambulated by the patients to the unit maps, earning your unit distance medals.

If you notice a staff member assisting in ambulating /encouraging patients or referring patients to the Ambulation Team, nominate them by placing a ballot in the ballot box located on your unit. The draw for prizes will be held on Tuesday, Dec 3rd with the Movement Matters first quarterly celebration! Check out the chart to see how far your unit has traveled to date!

Movement Matters One Step at a Time		
Unit	Total distance in kilometers since Sept 17	Medal standing
Corporately	233	
Met Ambulation Team	129	Silver
4W	32.0	
4N	14.1	
5N	26.4	
6N	28.9	
7N	11.2	
8N	16.7	
Ouellette Ambulation Team	103.3	Bronze
CTU	7.0	
4Med	23.3	
6E/W	34.4	
7Med	36.8	
8E/W	1.8	

Take Your Kids to Work



Hilarity and a very big mess ensued.

On Wednesday November 6th, Grade 9 Students from various Windsor-Essex High Schools shadowed departments at the Metropolitan Campus. The day ended with a presentation by SOP Coordinator Karen Denomme and an SOP MBA Student Frank Minardi. Students learned how important standard processes are to the function of the hospital by creating standard work. The students realized how challenging this can be by creating standard work for preparing a peanut butter & jelly sandwich.

SOP Work Showcased to Other Hospitals

Over the past few weeks London Health Sciences and Brantford General Hospital representatives visited (in person and via OTN) to learn from various WRH SOP projects. London Health Sciences joined the WRH Quality Based Procedure (QBP) team with a specific focus on the Heart Failure Bundle. They were very impressed with the Standard Unit Bundles and how our processes in the inpatient areas connect. Brantford General Hospitals focus was to observe our Patient flow processes and how WRH uses various systems to achieve patient flow. They loved how our patients are a first priority. Thank you to all staff who helped showcase their great work!

Road to Recovery, Movement Matters – One Step at a Time

SINCE LAUNCH THE DISTANCE IS THE EQUIVALENT OF WALKING FROM OUELLETTE CAMPUS TO SHEDDEN ONTARIO

WRH
OUELLETTE
CAMPUS

LAST 2 WEEKS
67km

TOTAL SINCE LAUNCH
233km

HAMLET OF
SHEDDEN,
ONTARIO



WEEK 8



For more information about this program, visit www.wrh.on.ca/movementmatters