

Monday, December 16, 2019

## Big Strides for Small Steps

The “Movement Matters–One Step at a Time” initiative recently celebrated an impressive milestone. Almost 300 kilometers have been traveled and recorded by patients since the program started on September 17th. That is the distance from the Ouellette Campus all the way to Mississauga, Ontario!

Mr. Martin Sobocan of Sobocan Insurance and Financial Services recently had a family member in our hospital, he stated keeping them mobile made all the difference. The Movement Matters program had a significant impact on his loved one's journey and he is very grateful. It provided his family with a framework so they could be involved in the recovery process. Mr. Sobocan has given a generous donation to WRH to be able to purchase 12 rollator walkers to be used at both campuses. Mr. Sobocan's donation has also allowed WRH to recognize staff on the medicine and surgery units who were nominated by their peers for encouraging, ambulating and/or referring patients and participating in the program. Staff are asked to continue to complete ballots on their unit to continue to acknowledge the great work of their fellow staff members. Staff recognized on each of the medicine /surgery units will be eligible for \$100 gift card toward a new pair of running shoes. The draws will be held in March 2020 when we celebrate the next leg of the journey. We can't wait to see how far we have travelled by March!

Watch the progress on the unit maps, hallway TV's, Website and SOP updates.



Martin Sobocan from Sobocan Insurance

Movement Matters 'One Step at a Time' Distance Travelled by Unit		
Unit	Total Distance in km's since Sept 17	Medal standing
<b>Met Ambulation Team</b>	<b>197.9</b>	<b>Silver</b>
4W	43.5	
4N	20.5	
5N	35.0	
6N	56.6	<b>Bronze</b>
7N	19.7	
8N	25.3	
<b>Ouellette Ambulation Team</b>	<b>159.0</b>	<b>Silver</b>
CTU	11.2	
4Med	32.1	
6E/W	56.6	<b>Bronze</b>
7Med	56.6	<b>Bronze</b>
8E/W	3.5	
Legend		
Bronze 56.6 km	Silver 113.2 km	
Gold 169.8 km	Platinum 226.4 km	



Movement Matters 'Walk Star' Unit Winners	
8N	Lumi Moreland
7N	Gabe Rivera
6N	Mayra Loiacono
5N	Jan Imeson
4N	Stefania Baiano
4W	Reuben Sprik
8E/W	Heather Hutchinson
7Med	Sara Anderson
6E/W	Dawn Sussman
CTU	Mike Drouillard
4Med	Linda Miron
Ambulation	Erica Costello
Fitbit	6 <sup>th</sup> floor Ouellette Bernadeta Levesque
Running factory Gift certificate	6 <sup>th</sup> floor Ouellette Rachel Duguay

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## The MBA Experience with SOP-Frank Minardi



Frank Minardi

Sadly my time with SOP Team has come to an end. At the beginning of my MBA internship, I often went home confused by how things would get accomplished within the department. I now feel knowledgeable and comfortable discussing all the hard work SOP does for the hospital. I was fortunate to work and learn alongside my amazing colleagues on projects that included: Patient Flow, Mapping sessions, Care Round board guidance, QBP data analysis and many other tasks. It gave me a deeper appreciation for the unsung heroines of SOP. My experience with SOP and WRH has been great and I hope to see and work with these individuals again in the future.



## Accreditation 2019-A Successful Experience



Accreditation Canada surveyors were onsite during the week of November 25 – 29<sup>th</sup> to conduct the onsite accreditation survey. This survey occurs every four years and surveyors look for evidence that our organization is in compliance with more than 3700 standards related to care.

The four surveyors noted in conversations on the units with staff, in meetings with leadership, and during their debriefing presentation how impressed they were with our dedication to continuous improvement as a means to provide outstanding care for our patients. They particularly noted our use of “standard work” and LEAN principles as effective methods for ensuring that Windsor Regional Hospital provides consistent, effective, evidence-based care at both campuses.

The final report and accreditation decision/award will be available early in the New Year, and more specific information will be shared when this is available.

Congratulations to all!

SINCE LAUNCH THE DISTANCE IS THE EQUIVALENT OF WALKING FROM OUELLETTE CAMPUS TO MISSISSAUGA, ONTARIO

WRH  
OUELLETTE  
CAMPUS

LAST 2 WEEKS

62km

TOTAL SINCE LAUNCH

357km

MISSISSAUGA  
ONTARIO



For more information about this program, visit [www.wrh.on.ca/movementmatters](http://www.wrh.on.ca/movementmatters)