

# Trans Awareness Presentation

# Introduction

---

Who is this person?

Registered Nurse

Trans and Non- Binary Care

What does the  
Health Centre do?

London Intercommunity  
Health Services provides  
health and social services  
in a welcoming setting to  
those who experience  
barriers to care.

# Disclosures/Declaration

Not for Profit-

Registered Nurse London  
InterCommunity Health Centre

Current President CPATH  
Canadian Professional  
Association of Transgender Health

# What will this Cover?

---

- Introduction
- What do these words mean?
- Who are trans people?
- What is transition?
- Common challenges faced by trans people
- What can you do?

# Terms and Definitions

---

## Key Concepts

- Sex vs. Gender
- Gender Identity vs. Sexual Orientation
- Gender Binary

## Key Terms

- Trans
- Cisgender
- Genderqueer
- Transition
- Transphobia

# Who are Trans People?

---



# Who are Trans People?

---

- Media Representations

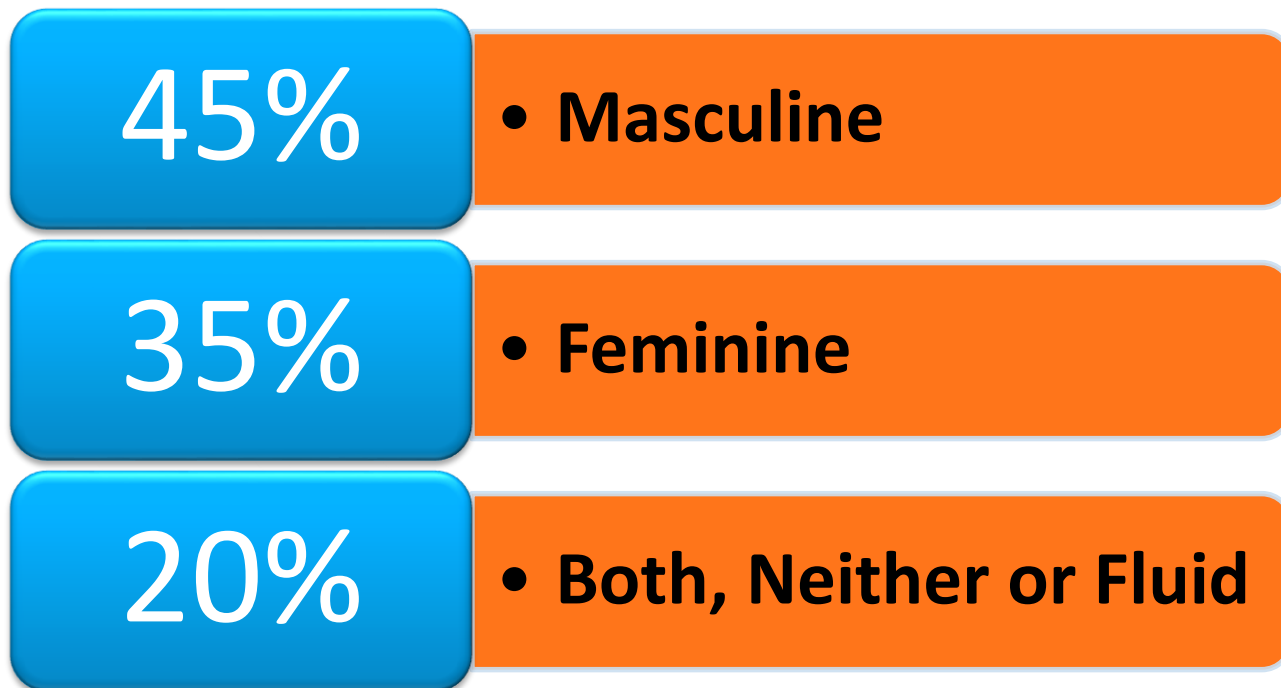


<http://pacificcenter.org/site/wp-content/uploads/2014/11/laverne-cox-still-from-oitnb-e49d580756fe0bb2836d4486835a2d940f8f90d6.png>

# Who are Trans People?

---

## Gender Identity:



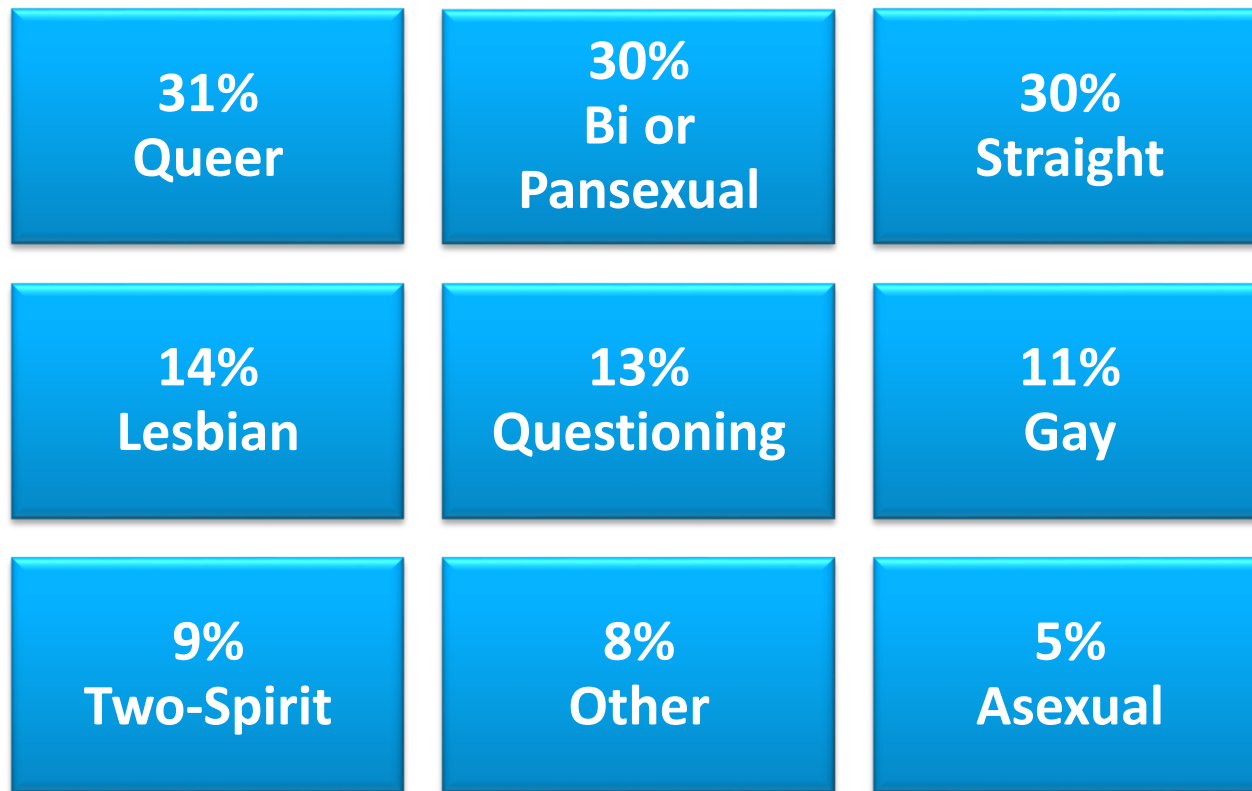
*Coleman, Bauer, Scanlon et al. Challenging the binary: gender characteristics of trans Ontarians, Trans PULSE e-Bulletin 2011:2(2)*



# Who are Trans People?

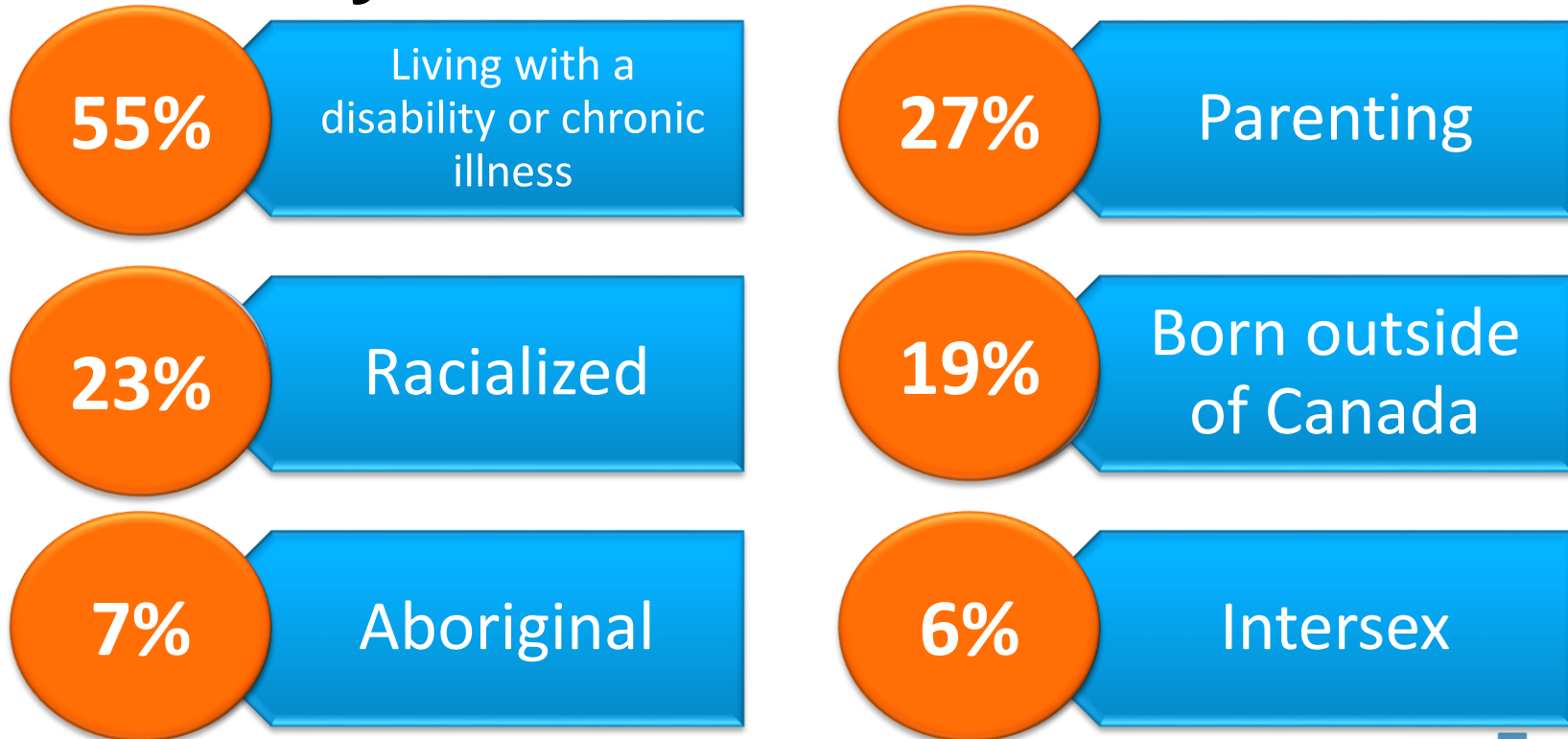
---

## Sexual Orientation:



# Who are Trans People?

## Many Identities:



# What Does Transition Look Like?

---

- Physical
  - Hormones
  - Surgery
  - Hair Removal
  - Speech Therapy
- Social
  - Clothing/hair/appearance
  - Using gender segregated spaces
  - Name change
  - Pronoun change

# Common Challenges

---

- Transphobia and Discrimination
- Social Isolation
- Fear of not “Passing”
- Loss of Personal Identity History
- Loss of Income
- Limited Access to Social and Medical Services

# Common Challenges

---

- Transphobia and Discrimination



<https://s-media-cache-ak0.pinimg.com/736x/8d/9b/4d/8d9b4d8563fce6c06536764cc1c1ac30.jpg>

# Common Challenges

---

- Social Isolation



<http://workplaceinsight.net/wp-content/uploads/2014/06/Social-exclusion.jpg>

# Common Challenges

- Fear of not “Passing”



[http://arise.civipress.net/wp-content/uploads/2011/11/2402088846\\_c723487389.jpg](http://arise.civipress.net/wp-content/uploads/2011/11/2402088846_c723487389.jpg)

# Common Challenges

- Loss of Personal History



<http://sport-kid.net/hockey-puck-and-stick.html>



<http://www.zazzle.ca/ringette+gifts>



[http://vortalobjects.secureitm.com/image/grpc/UserFiles/Image/graduation\\_cap\\_and\\_diploma\\_clipart.png](http://vortalobjects.secureitm.com/image/grpc/UserFiles/Image/graduation_cap_and_diploma_clipart.png)



# Common Challenges

---

- Loss of Income



<http://www.freedomstaffinggroup.com/Portals/181684/images/Reasons-to-Consider-a-Temp-Agency.png>

# Employment Barriers

---

- Lack of supplemental drug coverage
- Lack of short term illness/sick days
- May be living stealth, not willing / unable to come forward to employer if certain surgeries are needed

# Common Challenges

---

- Limited Access to Social and Medical Services



<http://www.sisretirement.com/wp-content/uploads/2015/02/obamacare-health-insurance-for-me-ftp.jpg>

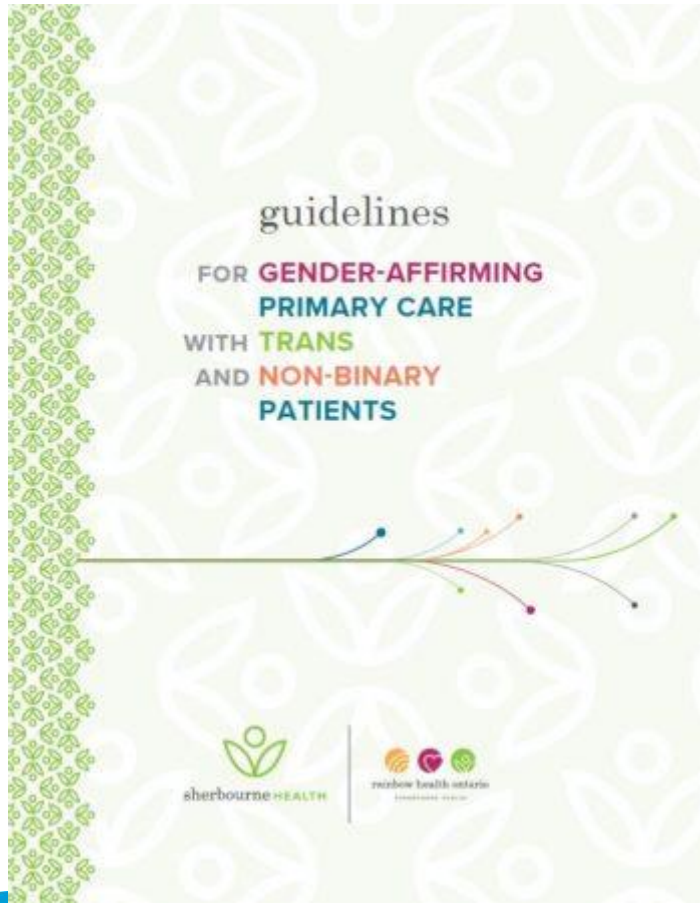
# Risk Factors

---

- 1. Social/economic marginalization and cancer
- 2. Smoking and alcohol
- 3. Unsafe sex
- 4. Hormone use

# Medical Resources

---



- Trans Care BC
- UCSF
- WPATH
- Fenway Health – Boston

# Anatomy

---

- Trans Feminine
  - Vaginoplasty
  - Vulvoplasty
  - Orchiectomy
- Not covered
  - \*Breast Augmentation
  - Facial Feminization surgery
  - Adams Apple reduction
- Trans Masculine
  - Chest reconstruction
  - Hysterectomy/salpingo-oophorectomy
  - Phalloplasty

# Use of prosthetics

---

- Trans Masculine
  - Binders
  - Packers
  - Testicular implants
- Trans Feminine
  - Breast Prosthesis
  - Breast implants
  - Gaff

# Unregulated Surgeries Procedures

---

- Silicone injections
- Substandard implants
- Lack of follow up
- Hair removal/chemical peels



# What Can You Do?

---

- Respect pronouns and names
- Review any forms you use in your group or business
- Stop transphobic behaviour when you see/hear it
- Revise organizational policies to include trans people
- Educate yourself
- Work to create accessible bathrooms / environment
- Think critically about your own gender.
- Reflect on your own assumptions – we all have them

# Questions

---



# Resources

---

- [www.transpulseproject.ca](http://www.transpulseproject.ca)
- [www.rainbowhealthontario.ca/glossary/](http://www.rainbowhealthontario.ca/glossary/)
- [www.phsa.ca/transcarebc](http://www.phsa.ca/transcarebc)
- <https://patient-centred.ca>

## Thank-you!